

# Seven Day Fool - I'm Not

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**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Karen Kirk (Oct '07)

**Music:** Seven Day Fool by Jully Black

## TWO RIGHT LOCK STEPS FORWARD, 2 RIGHT HEEL JACKS

- 1-2 Step right forward, lock left behind
- 3-4 Step right forward, lock left behind, touching left toe
- 5&6 Step left back, touch right heel forward, step right in place, touch left toe
- 7&8 Step left back, touch right heel forward, step right in place, touch left toe

## TWO LEFT LOCK STEPS FORWARD, 2 LEFT HEEL JACKS

- 1-2 Step left forward, lock right behind
- 3-4 Step left forward, lock right behind, touching right toe
- 5&6 Step right back, touch left heel forward, step left in place, touch right toe
- 7&8 Step right back, touch left heel forward, step left in place, touch right toe

## ROCK, RECOVER WITH ½ TURN SHUFFLE, STEP PIVOT ½, SHUFFLE FORWARD

- 1-2 Rock right forward, recover left
- 3&4 Right turning shuffle stepping right, left, right
- 5-6 Step left forward, ½ pivot right
- 7&8 Shuffle forward left, right, left

## SIDE TOGETHER, SIDE MAMBO, SIDE TOGETHER, SIDE TOGETHER

- 1-2 Step right, step left together
- 3&4 Rock right to side, recover on left, cross right over left
- 5-6 Step left, step right together
- 7-8 Step left, step right together

**Begin again.**