

# SWEDISH POLKA

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**Count:** 32                      **Wall:** 2                      **Level:** beginner

**Choreographer:** Stella Wilden & Linda Roberts

**Music:** I Was Made For Lovin' You by Anastacia

## **KICK FORWARD, SIDE, SAILOR STEP, SHUFFLE FORWARD LEFT, SHUFFLE FORWARD RIGHT**

- 1            Right kick forward
- 2            Right kick to right side
- 3            Step right back and diagonally left
- &            Left step to left side
- 4            Right step in place
- 5&6        Left, right, left shuffle forward
- 7&8        Right, left, right shuffle forward

## **KICK FORWARD, SIDE, SAILOR STEP. SHUFFLE BACK RIGHT, SHUFFLE BACK LEFT**

- 1            Left kick forward
- 2            Left kick to left side
- 3            Step left back and diagonally right
- &            Right step to right side
- 4            Left step in place
- 5&6        Right, left, right shuffle backward
- 7&8        Left, right, left shuffle backward

## **STEP FORWARD ½ TURN LEFT, ROCK RIGHT, RECOVER. SKIP BACK RIGHT, LEFT, RIGHT, LEFT**

- 1            Step right forward
- 2            Left ½ turn to left ending with weight on left foot
- 3            Step right forward
- 4            Left replace weight onto left foot
- &            Left skip back

- 5 Right step right foot back
- & Right skip back
- 6 Left step left foot back
- & Left skip back
- 7 Right step right foot back
- & Right skip back
- 8 Left step left foot back

**RIGHT ROCK FORWARD RIGHT, REPLACE, SHUFFLE, RIGHT, LEFT, RIGHT. LEFT ROCK FORWARD LEFT, REPLACE, SHUFFLE FORWARD LEFT, RIGHT, LEFT**

- 1 Right step forward on a diagonal
- 2 Left replace weight onto left foot
- 3&4 Right, left, right shuffle forward diagonally right.
- 5 Left step forward on a diagonal
- 6 Right replace weight onto right foot
- 7&8 Left, right, left shuffle forward diagonally left at the end pivot to face 6:00

**REPEAT**

**VARIATIONS**

**On the 3rd section steps &5, &6, &7, &8 can be simplified to**

- 5 Step right back
- 6 Step left back
- 7 Step right back
- 8 Step left back

**Try turning the skips back a full turn over the beats of the above section.**

**Try doing Roger Rabbits back over the beats of the above section.**