

Tread Carefully

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Count: 64

Wall: 4

Level: Phrased Improver

Choreographer: Phoenix Adamson - Hamilton, NZ (May 2013)

Music: Little L by Jamiroquai

Intro: 48 Counts - Pattern Sequence: A, A, A & B, A & B, A & B, A, A, A, A, A

SECTION A:

SWAY RIGHT - LEFT, SHUFFLE, SWAY LEFT - RIGHT, ¼ SHUFFLE

1 - 2 - 3 & 4 Step Right To Side & Sway Hips Right - Left, Shuffle Back Stepping Right (3) - Left (&) - Right (4)

5 - 6 - 7 & 8 Step Left To Side & Sway Hips Left - Right, Making ¼ Turn Left Shuffle Forward Stepping Left (7) - Right (&) - Left (8)

SIDE TOUCH, COASTER CROSS, SIDE TOUCH, COASTER CROSS

1 - 2 - 3 & 4 Step Right To Side, Touch Left Beside Right, Step Back On Left (3), Step Right Beside Left (&), Cross Left Over Right (4)

5 - 6 - 7 & 8 Step Right To Side, Touch Left Beside Right, Step Back On Left (7), Step Right Beside Left (&), Cross Left Over Right (8)

ROCK RECOVER, ½ SHUFFLE, SIDE TOUCH, SIDE TOUCH

1 - 2 - 3 & 4 Rock Forward On Right, Recover Onto Left, Making ½ Turn Right Shuffle Forward Stepping Right (3) - Left (&) - Right (4)

5 - 6 - 7 - 8 Step Left To Side, Touch Right Beside Left, Step Right To Side, Touch Left Beside Right

ROCK RECOVER, ½ SHUFFLE, ROCKING CHAIR

1 - 2 - 3 & 4 Rock Forward On Left, Recover Onto Right, Making ½ Turn Left Shuffle Forward Stepping Left (3) - Right (&) - Left (4)

5 - 6 - 7 - 8 Rock Forward On Right, Recover Onto Left, Rock Back On Right, Recover Onto Left

SECTION B:

SIDE ROCK, KICK - BALL - STEP, MODIFIED MONTEREY, SIDE - ROCK - CROSS

1 - 2 - 3 & 4 Rock Right To Side, Recover Onto Left, Kick Right Forward (3), Step Right Beside Left (&), Step Forward On Left (4)

5 - 6 - 7 & 8 Point Right To Side, Making $\frac{1}{2}$ Turn Right Step Right Beside Left, Rock Left To Side (7), Recover Onto Right (&), Cross Left Over Right (8)

HEEL - HOOK, STEP - LOCK - STEP WITH $\frac{1}{4}$ TURN, HEEL - HOOK, STEP - LOCK - STEP WITH $\frac{1}{4}$ TURN

1 - 2 - 3 & 4 Tap Right Heel Forward, Hook Across Left Knee, Making $\frac{1}{4}$ Turn Right Step Forward On Right (3), Lock Left Behind Right (&), Step Forward On Right (4)

5 - 6 - 7 & 8 Tap Left Heel Forward, Hook Across Right Knee, Making $\frac{1}{4}$ Turn Left Step Forward On Left (7), Lock Right Behind Left (&), Step Forward On Left (8)

SIDE ROCK, BEHIND - SIDE - CROSS, SIDE ROCK, CROSS SHUFFLE

1 - 2 - 3 & 4 Rock Right To Side, Recover Onto Left, Cross Right Behind Left (3), Step Left To Side (&), Cross Right Over Left (4)

5 - 6 - 7 & 8 Rock Left To Side, Recover Onto Right, Cross Shuffle Stepping Left (7) - Right (&) - Left (8)

ROCK RECOVER, COASTER CROSS, SIDE TOUCH, HEEL - BALL - CROSS

1 - 2 - 3 & 4 Rock Forward On Right, Recover Onto Left, Step Back On Right (3), Step Left Beside Right (&), Cross Right Over Left (4)

5 - 6 - 7 & 8 Step Left To Side, Touch Right Beside Left, Tap Right Heel Forward On Slight Diagonal (7), Step Right Beside Left (&), Cross Left Over Right (8)