

# Sweet Dreamz

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**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Paul Clifton (UK)

**Music:** Sweet Dreams on I Am Sasha Fierce by Beyonce 124 BPM

## Intro 32 counts.

### S1: KNEE POPS WITH $\frac{1}{4}$ TURN RIGHT, KICK & POINT RIGHT & LEFT, KNEE POPS WITH $\frac{1}{4}$ TURN RIGHT.

- 1-2 Pop right knee in towards left, Make  $\frac{1}{4}$  turn right on left popping right knee forward.
- 3&4 Kick right forward, Step right next to left, Point left to left side.
- 5&6 Kick left forward, Step left next to right, Point right to right side.
- 7-8 Pop right knee in towards left, Make  $\frac{1}{4}$  turn right on left popping right knee forward.

### S2: BACK ROCK, SHUFFLE $\frac{1}{2}$ TURN REVERSE PIVOT $\frac{1}{2}$ TURN, OUT OUT IN IN WITH TOUCH.

- 1-2 Step back on right, Recover weight forward onto left.
- 3&4 Shuffle  $\frac{1}{2}$  turn left stepping R,L,R.
- 5-6 Touch left toe back, Reverse  $\frac{1}{2}$  turn left ( weight on left )
- &7&8 Step right out to right side, Step left out to left side, Step right back to centre, Touch left next to right.

### S3: STEP FULL PIVOT, RIGHT LOCK STEP, SYNCOPATED DIAGONAL ROCK STEPS.

- 1-2 Step left forward, Pivot full turn right on ball of left lifting right heel across left shin.
- 3&4 Step right forward, Lock left behind right, Step right forward.
- 5-6& Rock left diagonally forward left, Recover onto right, Step left next to right.
- 7-8 Rock right diagonally back right, Recover onto left.

### S4: LUNGE RIGHT, BEHIND SIDE CROSS, LUNGE LEFT, SAILOR $\frac{3}{4}$ TURN LEFT.

- 1-2 Lunge right to right side, Recover onto left,
- 3&4 Step right behind left, Step left to left side, Cross step right over left.
- 5-6 Lunge left to left side, Recover onto right.

**7&8 ¼ turn left stepping left behind right, ¼ turn left stepping right next to left, ¼ turn left & cross left over right.**

**S5: VINE RIGHT, HEEL JACK & CROSS, VINE LEFT, ¼ TURN RIGHT, KICKBALL STEP.**

- 1-2** Step right to right side, Step left behind right.
- &3&4** Step slightly back on right, Dig left heel diagonally forward left, Step slightly back on left, Cross step right over left.
- 5-6** Step left to left side, Step right behind left.
- &7&8** Make ¼ turn right stepping left next to right, Kick right forward, Step right next to left, Step left forward.

**S6: DOROTHY ½ TURN, DOROTHY ¼ TURN, SYNCOPATED ROCKING CHAIR, HEEL SPLITS.**

- 1-2&** Step right forward, Lock left behind right, Make ½ turn left stepping right next to left.
- 3-4&** Step forward on left, Lock right behind left, Make ¼ turn right stepping left next to right.
- 5&6&** Rock forward on right, Recover onto left, Rock Back on right, Recover onto left.
- 7&8** Step right forward, Split both heels out, Bring both heels back in ( weight forward on right ).

**S7: PIVOT ½ TURN RIGHT, TRIPLE FULL TURN RIGHT, STEP, HOLD, & WALK R,L.**

- 1-2** Step left forward, Pivot ½ turn right.
- 3&4** Travelling forward triple a full turn right stepping L,R,L.
- 5-6** Step right forward, Hold.
- &7-8** Step left next to right, Walk forward R,L.

**S8: HEEL & TOE SWITCHES WITH ½ TURN LEFT, HEEL & TOE SWITCHES WITH ¼ TURN LEFT.**

- 1&2** Dig right heel forward, Step right next to left, Touch left toe back.
- 3&4** Make ½ turn left on right & dig left heel forward, Step left next to right, Touch right toe back.
- 5&6** Dig right heel forward, Step right next to left, Touch left toe back.
- 7&8** Make ¼ turn left on right & dig left heel forward, Step left next to right, Touch right toe back.