

# STANDING ON A ROCK

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**Count:** 64      **Wall:** 4      **Level:** —

**Choreographer:** Dianne Joseph

**Music:** Standing On A Rock by Rodney Crowell

## RIGHT HEEL FAN, LEFT HEEL FAN, TWIST RIGHT, CENTER, LEFT, CENTER

**1-4** Fan right heel right, center, fan left heel left, center

**5-8** Twist both heels right, center, left, center

## RIGHT JUMP, TOUCH, CLAP TWICE, LEFT JUMP, TOUCH, CLAP TWICE

**9-12** Jump forward landing on right foot, touch left foot to right foot, clap twice

**13-16** Jump forward landing on left foot, touch right foot to left foot, clap twice

## RIGHT BACK, STOMP, LEFT BACK, TOUCH

**17-18** Step back right foot, stomp left foot alongside right foot (no weight)

**19-20** Step back left foot, touch right foot to left foot

## 3 SIDE TRAVELING TOE STRUTS, TOE, HEEL DROP, LEFT VINE, BRUSH

**21-22** Touch right toe to right, transfer weight to right foot stomping right heel down

**23-24** Touch left toe alongside right foot, transfer weight to left foot stomping left heel down

**25-27** Repeat counts 21-23

**28** Drop left heel down but do not transfer weight to left foot

**29-32** Left vine left foot, right foot, left foot, brush right foot past left foot

## 4 FORWARD HEEL STRUTS, KICK TWICE, CLOSE, TURN ½ LEFT & FORWARD

**33-40** Traveling forward heel strut right foot, left foot, right foot, left foot

**41-42** Kick right foot forward twice

**43-44** Close right foot to left foot, turning ½ left step left foot forward

## 4 FORWARD TOE STRUTS, KICK TWICE, CLOSE, TURN ¼ LEFT & CLOSE

**45-52** Traveling forward toe strut right foot, left foot, right foot, left foot

**53-55** Repeat counts 41-43

**56** Turning ¼ left close left foot to right foot

## **RIGHT HEEL, SLAP, HEEL, CLOSE, LEFT HEEL, SLAP, HEEL, CLOSE**

- 57-58** Touch right heel forward, lift right foot off the floor and slap outside of right foot with right hand
- 59-60** Touch right heel forward, close right foot to left foot
- 61-62** Touch left heel forward, lift left foot off the floor and slap outside of left foot with left hand
- 63-64** Touch left heel forward, close left foot to right foot

## **REPEAT**