

YOU (MAKE ME FEEL ALIVE)

LINEDANCE.COM

Count: 48

Wall: 4

Level: intermediate

Choreographer: Emma Nickson & Daniel Griffiths

Music: Alive by Jennifer Lopez

ROCK AND SLIDE, STEP TURN STEP, LUNGE, REPLACE, STEP ½ TURN, SWEEP ½ TURN

- 1&2** Rock right foot behind left, rock weight back onto left, step right foot out to right side turning a ¼ turn right (leaving weight on right)
- 3&4** Step forward left, pivot ½ turn over right shoulder, step forward left
- 5-6** Lunge forward while rocking weight onto right foot, rock weight back onto left
- 7-8** Step right into ½ turn over right shoulder, sweep left foot round touching it beside right completing a ½ turn right

ROCK, REPLACE, BEHIND SIDE CROSS, ROCK REPLACE, BEHIND SIDE TURN ¼

- 1-2** Rock left foot to left side, replace weight onto right
- 3&4** Step right foot behind left, step right foot to right side, step left foot over right
- 5-6** Rock right foot to right side, replace weight onto left
- 7&8** Step right foot behind left, step left foot into a ¼ left, step right foot forward

ROCK, REPLACE, & ROCK, REPLACE, ROCK, REPLACE & ROCK, REPLACE

- 1-2** Rock forward on left foot, replace weight on right foot
- &** Step back on left foot
- 3-4** Rock back on right foot, replace weight on left foot
- 5-6** Rock forward onto right foot, replace weight on left foot
- &** Step back on right foot
- 7-8** Rock back on left foot, replace weight on right foot

ROCK, REPLACE AND CROSS, UNWIND, SHUFFLE FORWARD, SWEEP ½ TURN, TOUCH

- 1-2** Rock left foot out to left side, replace weight onto right
- &3-4** Cross left foot over right foot, unwind a full turn to the right, touch left foot to right foot
- 5&6** Left shuffle forward, left, right, left
- 7-8** Sweep right toe around in front of left turning ½ turn to the right, touch right next to left

SLIDE BACK TWICE, SIDE ROCK, FULL TURN, SIDE SHUFFLE

- 1-2** Slide back on right foot, slide back on left foot
- 3-4** Rock right foot to right side, replace weight onto left foot
- 5-6** Step left foot to left side turning a $\frac{1}{2}$ turn over left shoulder, step right foot down completing another $\frac{1}{2}$ turn to the left
- 7&8** Side shuffle to the left, left, right, left

ROCK AND SLIDE, $\frac{1}{4}$ TURN, COASTER STEP, STEP PIVOT STEP, SIDE TOGETHER SLIDE

- 1&2** Rock right foot behind left, replace weight onto left foot, slide right foot to right side turning a $\frac{1}{4}$ turn over your left shoulder
- 3&4** Coaster step, stepping left foot back, right next to left, left foot forward
- 5&6** Step right foot forward, turn $\frac{1}{2}$ turn over left shoulder putting weight onto left foot, step right foot forward
- 7&** Step left foot to left to left side, step right foot to left foot
- 8** Slide left foot to left side placing weight on left

REPEAT

TAG

Danced once, on the second wall after count 32

HIP BUMPS, SLIDE

- 1-2-3** Bump hips right, left, right
- 4** Slide left foot to left side