

# Rolling In The Deep

LINEDANCE.COM

**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Colleen Archer , (Aus) 22nd Aug 2011

**Music:** "Rolling in the Deep" by Adele. Album: 21 (Track 3.49 mins, BPM: 104)

**“For...my twin sister Janise”**

**Intro: 8 counts SP. Weight on L**

**FULL TURN RIGHT, SIDE SHUFFLE, L MAMBO FWD, R MAMBO BACK**

- 1, 2** Turn  $\frac{1}{4}$  right & step R forward, Turn  $\frac{1}{2}$  right & step L back
- 3 & 4** Turn  $\frac{1}{4}$  right & step R to side, Step L beside R, Step R to side
- 5 & 6** Step L forward to diagonal, Recover R, Step L beside R (use hips)
- 7 & 8** Step R back to diagonal, Recover L, Step R beside L (use hips) (12)

**SIDE, SWEEP & TURN  $\frac{1}{4}$ , SAILOR, SAILOR CROSS, RECOVER, SWAY HIPS L, R**

- 1, 2** Step L to side, Sweep R around to back as you turn  $\frac{1}{4}$  right
- 3 & 4** Step R behind L, Step L to side, Recover R
- 5 & 6 &** Step L behind R, Step R to side, Step L forward across R, Recover R
- 7, 8** Step L to side & sway hips L, Sway hips R (3)

**ROCK FWD, BACK,  $\frac{1}{2}$  TURN SHUFFLE, R RHUMBA BACK, L RHUMBA BACK**

- 1, 2** Step L forward, Recover R
- 3 & 4** Turn  $\frac{1}{4}$  left & step L to side, Step R beside L, Turn  $\frac{1}{4}$  left & step L forward
- 5 & 6** Step R to side, Step L beside R, Step R back
- 7 & 8** Step L to side, Step R beside L, Step L back (9)

**BACK, DRAG, BACK, ACROSS, SIDE, HEEL, TOG, SCUFF, SWEEP, L SAILOR**

- 1, 2** Long step R back, Drag L toward R
- & 3 & 4** Step L back slightly, Step R across L, Step L to side, Touch R heel to 45\* right
- & 5, 6** Step R beside L, Scuff L forward, Sweep L out to side & around to back
- 7 & 8** Step L behind R, Step R to side, Recover L (9)

**BEHIND,  $\frac{1}{4}$  TURN, R X-SAMBA, L X-SAMBA,  $\frac{1}{2}$  PIVOT**

- 1, 2 Step R behind L, Turn  $\frac{1}{4}$  left & step L forward  
3 & 4 Step R across L, Step L to side, Recover R  
5 & 6 Step L across R, Step R to side, Recover L  
7, 8 Step R forward, Turn  $\frac{1}{2}$  left taking weight onto L (12)

**FWD,  $\frac{1}{2}$  TURN,  $\frac{1}{2}$  TURN SHUFFLE, L COASTER FWD, TOG, ROCK BACK, FWD**

- 1, 2 Step R forward, Turn  $\frac{1}{2}$  right & step L back  
3 & 4 Turn  $\frac{1}{2}$  right and step R forward, Step L beside R, Step R forward  
5 & 6 & Step L forward, Step R beside L, Step L back, Step R beside L  
7, 8 Step L back, Rock forward onto R (12)

**$\frac{1}{4}$  PADDLE, FWD, SIDE, BEHIND, SIDE, FWD, SIDE, BEHIND, SIDE**

- 1, 2 Step L forward, Turn  $\frac{1}{4}$  right taking weight R  
3 & 4, 5 Step L across R, Step R to side, Step L behind R, Step R to side  
6 & 7, 8 Step L across R, Step R to side, Step L behind R, Step R to side (3)

**ACROSS, BACK, BACK, LOCK, BACK, ROCK BACK, FWD, KICK BALL STEP**

- 1, 2 Step L across R, Step R back turning to face diagonal (4 o'clock)  
3 & 4 Step L back, Lock R across L, Step L back  
5, 6 Step R back, Rock forward onto L  
7 & 8 Kick R forward, Step R beside L, Step L forward (straighten up as you start full turn right) (6)

**Begin again .....**

**FINISH: Step R to side and sway hips R, Hold, Sharp sway hips L**

**Dance may be copied and distributed provided original steps remain unchanged.**