

The Rhythm

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Michael O'Shea - Ireland - May 2017

Music: 'Me & The Rhythm' by Selena Gomez [Revival Album or on single download]

#16 count Intro. Start on Vocals.

Rocking Chair & Scuff Hitch, Toe, Body Roll & Side Switches

1&2rock fwd right, recover onto left, rock back right, recover onto left

3&4scuff right, hitch right knee, touch right toe back

5&6body roll back onto right, close left to right, step back right

7&8point left to left side, close left beside right, point right to right side (12:00)

Samba Step, Cross, Turn 1/4, Side 1/4, Cross Rock, Side, Cross

1&2cross right over left, rock left to left side, replace weight to right

3-4cross left over right, step right back 1/4 left

5turning 1/4 turn left step left to left side

6&7rock right over left, replace weight to left, step right to right side

8cross left over right (6:00)

Step 1/4, Drag, Ball Cross, Side, Sailor Step, Coaster Step

1 2step right to right side, turning 1/4 turn left - step left big step to left side

3-&4drag right to left, close right beside left, cross left over right,

5step right to right side

6&7rock left behind right, step right to right side, step left to left side (sailor step)

8&1step back right, close left to right, step fwd right (3:00)

Pivot 1/2 Turn, Step, Kick Ball, Side Rock, Close, Side Rock

2-3-4step fwd left, pivot 1/2 turn right, step fwd left

5&6kick right foot fwd, step onto right, rock left to left side

&7&8recover onto right, close left to right, rock right to right side, recover onto left. (9:00)

Note: Steps 5-8 travel forward.

Begin again.

No Tags, No restarts. Enjoy!

Released at Dance Crazy's Spain Week Event.

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