

The Band is Back

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Count: 36 **Wall:** 4 **Level:** Improver

Choreographer: Lindsay Spence – Aug 2016

Music: The Band Is Back In Town - By Michael English

Start on vocals

Section 1: R, out in out, behind side step, L out in out, behind side step

- 1&2** Point R to R side, bring together, point R to R side
- 3&4** Right behind L, L to L side, step R together
- 5&6** Point L to L side, bring together, point L to L side
- 7&8** Left behind Right, R to R side, step L together

Section 2: R Charleston step x2

- 1,2R forward, swing R back beside L**
- 3,4L back, swing L forward beside R**
- 5&6R forward, swing R back beside L**
- 7&8L back, swing L forward beside R**

Section 3: R side, together, R side, hitch ½ turn over L shoulder, side together side, back rock, R toe strut, coaster cross

- 1&2R to R side, L together, R to R side, hitch L turn ½ L side**
- 3&4L Side, R together, L side**
- 5&6&7&8** Rock back on R, recover, R toe strut, L coaster cross over R.

Section 4: R side, L back rock, L toe strut, coaster R heel, heel struts forward L,R,L,

- 1,** Step R to R side,
- 2&3&4&** Rock back on L, recover, L toe strut, R coaster, R heel strut.
- 5,6,7,8L heel strut, R heel strut, L heel strut.**

Section 5: Rocking chair step ¾ turn

1&2&R forward, recover, R rock back, recover

3&4& Step R forward, step turn L $\frac{1}{4}$, step turn L turn $\frac{1}{2}$ (making $\frac{3}{4}$ turn)

Hope you enjoy this dance! Happy Dancing !!!

Contact: sadielinedancer@gmail.com