

WITH THESE ARMS

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Count: 48

Wall: 4

Level: intermediate

Choreographer: Theresa Needham

Music: These Arms by Dwight Yoakam

SIDE BEHIND HEEL BALL CROSS, SIDE ROCK BEHIND SIDE CROSS

- 1-2 Step right to right side, step left behind right
- 3&4 Dig right heel forward, step right next to left, cross left over right
- 5-6 Rock right to right side, recover onto left
- 7&8 Step right behind left, step left to left side, cross right over left

HEEL BALL CROSS TWICE, ROCK $\frac{1}{4}$ RIGHT LEFT SHUFFLE

- 1&2 Dig left heel to left side, step left next to right, cross right in front of left
- 3&4 Dig left heel to left side, step left next to right, cross right in front of left
- 5-6 Rock left onto left, making $\frac{1}{4}$ turn right recover onto right
- 7&8 Step forward on left, step right next to left, step forward on left

TOE STRUT $\frac{1}{4}$ RIGHT, SHUFFLE $\frac{1}{2}$ RIGHT TOE STRUT $\frac{1}{4}$ RIGHT KICK BALL CHANGE

- 1-2 Making $\frac{1}{4}$ turn right, point right toe forward, drop right heel
- 3&4 Shuffle $\frac{1}{2}$ turn right, on left right left
- 5-6 Making $\frac{1}{4}$ turn right, point right toe forward, drop right heel
- 7&8 Kick left foot forward, step left next to right, step right in place

FULL TURN RIGHT, ROCKING CHAIR, STEP PIVOT $\frac{1}{2}$ RIGHT

- 1-2 Full turn right stepping back on left, forward on right (option, walk walk)
- 3-4 Rock forward on left, recover back onto right
- 5-6 Rock back on left, recover onto right
- 7-8 Step forward on left, pivot $\frac{1}{2}$ turn right

ROCK AND CROSS TWICE, JAZZ BOX

- 1&2 Moving forward, rock left to left side, step right in place, cross left over right
- 3&4 Rock right to right side, step left in place, cross right over left
- 5-6 Cross left over right, step back on right

7-8 Step left to left side, step forward on right

ROCK SHUFFLE $\frac{1}{2}$ LEFT, STEP PIVOT $\frac{1}{4}$ LEFT TWICE

1-2 Rock forward onto left, recover back onto right

3&4 Shuffle $\frac{1}{2}$ turn left, on left right left

5-6 Step forward onto right, pivot $\frac{1}{4}$ turn left

7-8 Step forward onto right, pivot $\frac{1}{4}$ turn left

REPEAT

There are 2 pauses in the music, just dance through them