

# Till Ya Legs Hurt

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**Count:** 64

**Wall:** 2

**Level:** Phrased Low Intermediate

**Choreographer:** Rhoda Lai (Canada) August 2016

**Music:** "Till Ya Legs Hurt" by 99 Percent (3:15) iTunes

**Intro: 16 counts - Sequence: AB AAB AAB AB**

**A -32 counts**

**AS1: L Dorothy, R Lock Diagonal, L Forward Rock, ¼ L Chasse L**

**12&** Step L to L diagonal, lock R behind L, step forward L

**3&4** Step R to R diagonal, lock L behind R, step forward R

**56** Rock forward L, recover onto R

**7&8¼ L stepping L to L side, step R beside L, step L to L side (9:00)**

**AS2: R Forward Rock, R Together-out-out-in, Chugs for ½ L**

**12** Rock forward R, recover onto L

**&3&4** Step R beside L, step L out to L side, step R out to R side, step L in to the center

**5678** Chug on R with 1/8 L 4 times (ending weight on R) (3:00)

**AS3: L Forward Rock, L Together, R Forward-twist-twist, Back R, L, R Back Rock, R Kick Step**

**12&** Rock forward L, recover onto R, step L beside R

**3&4** Step forward R, twist both heels to the R, twist both heels to the L back to the center

**56** Step back R, step back L

**7&8&** Rock back R, recover onto L, kick R forward, step R beside L

**AS4: Press L, Recover R - kick L, L Back - R Hitch-&-hitch, Sailor ¼ R, L Forward Rock, Recover R-hitch L**

**12** Press L forward, recover onto R while kicking L forward (Easy Option: Rock forward L, recover onto R)

**3&4** Step L behind R hitching R, step R in place, hitch R while stepping L in place (Easy Option: L shuffle back)

**5&6¼ R stepping R behind L, step L to L side, step R to R side (6:00)**

78 Rock forward L, recover onto R while hitching L

**B -32 counts The 1st 3 Bs start facing 6:00. The 4th B starts facing 12:00.**

**Assume you start the 1st B at 6:00 and follow the clock reference below:**

**BS1: L Diagonal Step-lock-step-lock-step, R Diagonal Step-lock-step-lock-step**

12 Step L to L diagonal, lock R behind L (6:00)

3&4 Step L to L diagonal, lock R behind L, step forward L

56 Step R to R diagonal, lock L behind R

7&8 Step R to R diagonal, lock L behind R, step forward R

**BS2: Sway LRLR (Nae Nae), L Forward Pivot ½ R, L Forward Rock**

1234 With bent knees, step L to L side and sway to L, R, L, R (The dance move is called “Nae Nae”)

**(Optional styling: place L hand up in the air and R hand down on the side)**

5678 Step forward L, pivot ½ R, rock forward L, recover onto R (12:00)

**BS3: L Side together, Twist to the L, R Side together, Twist to the R**

12 Step L to L side, step R beside L

3&4 Twist to the L: heel, toe, heel (ending weight on L)

56 Step R to R side, step L beside R

7&8 Twist to the R: heel, toe, heel (ending weight on R)

**BS4: ¼ R Sway L R(Nae Nae), ¼ R Sway L R(Nae Nae), L Forward Rock, Run back LRLR**

**12¼ R stepping L to L side with bent knees and swaying to the L, sway R (Same styling as in S2) (3:00)**

**34¼ R stepping L to L side with bent knees and swaying to the L, sway R (Same styling as in S2) (6:00)**

56 Rock forward L, recover onto R

7&8& Run back L, R, L, R

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