

# TWIST & SHOUT

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**Count:** 16      **Wall:** 4      **Level:** —

**Choreographer:** Jenny Rockett

**Music:** Down At The Twist And Shout by Mary Chapin Carpenter

- 1&      Rock forward on to right foot and back on to left foot
- 2&      Rock back on to right foot and forward on to left foot
- 3&4    Right step forward, left foot close to right foot, right step forward
- 5&      Rock forward on to left foot and back on to right foot
- 6&      Rock back on to left foot and forward on to right foot
- 7&8    Left step forward, right close to left foot, left step forward
  
- 9&      Rock forward on to right foot and back on to left foot
- 10      Right foot step back with  $\frac{1}{4}$  turn to right
- &      Left foot step to right foot
- 11      Right foot step to right with  $\frac{1}{4}$  turn to right
- &      Left foot touch to right foot
- 12      Left foot step forward  $\frac{1}{4}$  turn to right
- &      Right foot step to left foot
- 13      Left foot step to left
- &      On ball of left foot  $\frac{1}{2}$  turn to right
- 14&    Step right foot to right, left foot touch to right foot
- 15&    Left foot to left, right foot step to left foot
- 16&    Left foot step to left, right foot touch to left foot

**REPEAT**