

# SHAKE IT UP

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**Count:** 32

**Wall:** 4

**Level:** intermediate

**Choreographer:** Barry Amato

**Music:** The Shake by Neal McCoy

## FULL 3-STEP TURN LEFT (IN PLACE), CLAP, SHAKE RIGHT HIP TWICE, SHAKE LEFT HIP TWICE

- 1-3 Three-step turn to left in place, stepping left-right-left
- 4 Clap
- 5-6 Shake right hip to right twice
- 7-8 Shake left hip to left twice

## CROSS, TOUCH, CROSS, TOUCH (SNAP FINGERS) AND $\frac{1}{4}$ TURN, REPEAT ALL

- 1 Cross right foot over left foot
- 2 Touch left toe to left side
- 3 Cross left foot over right foot
- 4 On ball of left foot, turn  $\frac{1}{4}$  to left, touching right toe to right side (snap fingers of right hand at shoulder level)
- 5-8 Repeat steps 1-4

## STEP TO RIGHT, CROSS BEHIND, STEP TO RIGHT (WITH SHOULDER ISOLATIONS)

- 1 Step right foot to right side and drop right shoulder
- 2 Step left foot behind right foot and drop left shoulder
- 3 Step right foot to right and drop right shoulder
- & Drop left shoulder
- 4 Drop right shoulder
- 5 Step left foot to left side and drop left shoulder
- 6 Step right foot behind left foot and drop right shoulder
- 7 Step left foot to left and drop left shoulder
- & Drop right shoulder
- 8 Drop left shoulder

**¼ TURN LEFT, CLAP, SHAKE HIP TWICE, ½ TURN LEFT, CLAP, SHAKE HIP TWICE**

- 1** On ball of left foot, turn ¼ to left and step right foot beside left foot
- 2** Clap
- 3** Shake right hip to right
- 4** Shake right hip to right
- 5** On ball of right foot, turn ½ to left and step left foot beside right foot
- 6** Clap
- 7** Shake right hip to right
- 8** Shake right hip to right, end with weight on right foot

**REPEAT**