

THIS PERFECT DAY

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Count: 40

Wall: 2

Level: intermediate

Choreographer: Kay Greig

Music: Ain't Gonna Work Today by Junior Brown

ROCK RIGHT HIP FORWARD, ROCK HIP BACK, ROCK HIP FORWARD, STEP BACK RIGHT WITH A LEFT KICK, LEFT COASTER STEP

- 1 Rock right forward pushing hip forward with attitude
- & Recover weight onto left
- 2 Rock right back pushing hip back with attitude
- & Recover weight onto left
- 3 Rock right forward pushing hip forward with attitude
- & Recover weight onto left
- 4& Step back right, kick left forward
- 5&6 Left coaster step (back left, right together, left forward)

ROCK RIGHT SIDE, RECOVER, CROSS, ROCK LEFT SIDE, RECOVER, TOUCH

- 7& Rock right to right side, recover weight onto left
- 8 Cross right over left
- 9& Rock left to left side, recover weight onto right
- 10 Touch left together besides right

ROCK LEFT HIP FORWARD, ROCK HIP BACK, ROCK HIP FORWARD, STEP BACK LEFT WITH A RIGHT KICK, RIGHT COASTER STEP

- 11 Rock left forward pushing hip forward with attitude
- & Recover weight onto right
- 12 Rock left back pushing hip back with attitude
- & Recover weight onto right
- 13 Rock left forward pushing hip forward with attitude
- & Recover weight onto right
- 14& Step back left, kick right forward

- 15&16** Right coaster step (back right, left together, right forward) walk forward left right with straight legs, left lock back
- 17** Walk forward left with straight leg
- 18** Walk forward right with straight leg
- 19&20** Step back left, lock right in front of left, step back left

RIGHT COASTER, FORWARD, SIDE, TOGETHER, BACK, BACK, RIGHT SIDE, TOGETHER, TURN $\frac{1}{4}$ RIGHT

- 21&22** Right coaster (back right, left together, right forward)
- 23** Step forward left
- 24&** Step right to right side, step left together
- 25-26** Step back right, step back left
- 27&** Step right to right side, step left together
- 28** Step right into $\frac{1}{4}$ turn right

LEFT CROSS, BACK, CROSS, BACK, CROSS, BACK (TRAVELING BACK)

- 29** Cross left over right (dip down slightly for attitude)
- &** Step back right (still dipped down slightly for attitude)
- 30** Cross left over right (raise up for attitude)
- 31** Step back right (dip down slightly for attitude)
- &** Cross left over right (still dipped down slightly for attitude)
- 32** Step back right (raise up for attitude)

LEFT COASTER, STEP, PIVOT $\frac{1}{2}$ LEFT

- 33&34** Left coaster step (back left, right together, left forward)
- 35-36** Step forward right, pivot $\frac{1}{2}$ turn left

RIGHT SHUFFLE FORWARD, TRIPLE $\frac{3}{4}$ TURN RIGHT

- 37&38** Step forward right, step left besides right, step forward right
- 39&40** Triple step turning $\frac{3}{4}$ turn right (right, left, right)

REPEAT

