

Shake Like You're Changed

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Count: 32

Wall: 2

Level: Improver / Intermediate

Choreographer: Judy Labra - Feb 2017

Music: "Shake" by Mercy Me

(1-8) Walk walk walk, Half-Charleston, Coaster step, Chase 1/2 turn R

1&2R step, L step, R step

3,4 Point fw L, step back on L

5&6 Coaster step back on R, L together, step R fw

7&8 Step fw on L, 1/2 turn to R step on R, step L together

(9-16) Scissor step, Scissor step ¼ turn R, Cross rock recover, Kick ball change

1&2 Rock side R, recover to L, cross R over L

3&4 Rock side L, recover to R, cross L over R with ¼ R

5&6rock fw R across L with hip roll, recover L, step back on R

7&8 Kick L, step on L ball, step on R

(17-24) Rock recover, Back lock step, Back lock step, Stomp x2, step

1,2L fw rock, recover to R

3&4 Step back L, lock R, back L

5&6 Step back R, lock L, back R

7&8stomp L x2, step on L (weight on L on 8)

((Restart here on walls 2&3))

((First restart faces 3:00, second restart faces 12:00))

(25-32) Wide Step R, Touch L by R, ¼ turn L, ¼ turn L, Wide step L, Touch R by L, Step ¼ R, Step, step together

1,2 Step wide side R, slide L to touch by R

3,4step on L 1/4 turn L, step on R 1/4 turn L

5,6 Step wide side L, slide R to touch by L

7,8step on R 1/4 R, step L beside R

Repeat

TAG: *16 ct. Tag after wall 6:

1-4R jazz box 1/4 turn R

5,6R rock recover to L

7&8coaster step

1-4L jazz box L 1/4 turn L

5,6L rock recover to R

7&8coaster step

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