

# SHAKE SENORA

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**Count:** —                      **Wall:** 2                      **Level:** beginner/intermediate

**Choreographer:** Andrea Moen

**Music:** Jump In Da Line by Soca Boys

**Sequence:** AB AB AB AA(with Tag) BA

## PART A

### WALK, WALK, STEP, HALF TURN, SAILOR STEP, SAILOR STEP

**1-2-3-4** Walk forward right, left, step forward right, half turn left on right

**5-6&7-8** Step right to right, cross left behind, step right to side, step left slightly forward, cross right behind, step left to side, step right slightly forward

### WALK, WALK, WALK, WALK, ¼ TURN, BOX STEP

**1-2-3-4** Walk forward right, left, right, left

**5-6&7-8** ¼ turn to left on left, cross right over left, step back on left, step right to right side, step left next to right

### 4 PADDLE TURNS WITH HIPS WITH ½ TURN, TOUCH OUT TO THE SIDE RIGHT, LEFT, RIGHT, LEFT

**1-2-3-4** Making a 1/8; turn right, touch right to right side, making a 1/8; turn right, touch right to right side, making a 1/8; turn right, touch right to right side, making a 1/8; turn right, touch right to right side,

**5-6-7-8** Touch out to the side right, left, right, left

### 4 PIVOT WITH ½ TURN, TOUCH OUT TO THE SIDE RIGHT, LEFT, RIGHT, ¼ TURN, FLICK

**1-2-3-4** Making a 1/8; turn right, touch right to right side, making a 1/8; turn right, touch right to right side, making a 1/8; turn right, touch right to right side, making a 1/8; turn right, touch right to right side,

**5-6-7-8** Touch out to the side right, left, right, ¼ turn on left to left, flick right heel back

## PART B

**CROSS, HOLD, STEP, TOUCH, HOLD, ¼ TURN TO RIGHT, TOUCH, HOLD, STEP, ¼ TURN TO RIGHT, TOUCH**

**1-2&3-4** Cross right over left, hold, step left next to right, touch right forward, hold

**5-6&7-8<sup>1</sup>/<sub>4</sub>** turn to right on right, touch left next to right, hold, step left forward, <sup>1</sup>/<sub>4</sub> turn to right on left, touch right forward

**STEP RIGHT, HOLD, CROSS LEFT, STEP RIGHT, TOUCH LEFT, HOLD, WALK, WALK, AND FULL TURN, STEP LEFT**

**1-2&3-4** Step on right, hold, cross left over right, step right next to left, touch left forward, hold

**5-6-7-8** Walk right, left, and step right forward, full turn on right to right, step left forward

**JUMP FORWARD, COASTER STEP, <sup>1</sup>/<sub>2</sub> TURN, <sup>1</sup>/<sub>2</sub> TURN**

**1-2-3&4** Step right forward, step left out to left, hold, step left back, step right next to left, step left forward

**5-6-7-8** Step right forward, <sup>1</sup>/<sub>2</sub> turn on right to left, step right forward, <sup>1</sup>/<sub>2</sub> turn to left on right

**<sup>1</sup>/<sub>4</sub> TURN TO LEFT, SHUFFLE, <sup>1</sup>/<sub>4</sub> TURN TO LEFT, COASTER STEP, WALK, WALK, WALK, WALK**

**1&2-3&4<sup>1</sup>/<sub>4</sub>** turn to left on left, shuffle to right side, <sup>1</sup>/<sub>4</sub> turn to left on right, step left back, step right next to left, step left forward

**5-6-7-8** Walk forward right, left, right, left

**HIP BUMPS AND FULL HIP TURN, <sup>1</sup>/<sub>4</sub> TURN TO LEFT, <sup>1</sup>/<sub>2</sub> TURN TO LEFT**

**1-2&3-4** Hip bump to right, right hip bump to right. Left hip bump to left, left hip bump to left

**5-6-7-8** Slow hip grind to the left to three counts. (start with weight on right leg, hips to right, describe a circle by pushing hips to the right, then forward and round to the left, then back and round to the right) step <sup>1</sup>/<sub>4</sub> to left on left, step right forward, <sup>1</sup>/<sub>2</sub> turn to left on left

**JUMP FORWARD, COASTER STEP, <sup>1</sup>/<sub>2</sub> TURN, <sup>1</sup>/<sub>4</sub> TURN**

**1-2-3&4** Step right forward, step left out to left, hold, step left back, step right next to left, step left forward

**5-6-7-8** Step right forward, <sup>1</sup>/<sub>2</sub> turn on right to left, step right forward, <sup>1</sup>/<sub>4</sub> turn to left on right

**A WITH TAG**

**1-4** Dance the first 4 counts

**5-8** Hold 4 counts

**9-16** Dance 8 counts

- 17-20** Hold 4 counts
- 21-28** Dance 8 counts
- 29-32** Hold 4 counts
- 33-40** Dance 8 counts
- 41-44** Hold 4 counts
- 45-48** Dance the last 4 counts

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=37832](https://www.linedance.com/index.php?f=dance_view&id=37832)