

Twisted Trickster

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Count: 24

Wall: 4

Level: Beginner / Improver

Choreographer: Debbie Mabbs (April 2015)

Music: She Keeps Me Up by Nickelback

#16 count intro

Section 1: [1-8] SWIVEL HEELS OUT & IN X2, RIGHT TOE, OUT IN OUT, RIGHT COASTER STEP LEFT TOE OUT IN OUT

1&2& Swivel Both Heels Out, In, X2

3&4 Point right toe to right side, step right toe back beside left instep, point right toe to right side 5&6 Step back on right, step back on left, step right forward

7&8 Point left toe to left side, step left toe back beside right instep, point left toe to left side

Section 2: [9-16] LEFT COASTER STEP, SHUFFLE FORWARD ON THE RIGHT, TURN LEFT TURN RIGHT, 1/2 SHUFFLE TO THE LEFT

1&2 Step back on left, step back on right, step left forward

3&4 Shuffle Forward R-L-R

5-6 Step L to L side making 1/4 turn to the L (& pose) Step R to R side making 1/2 turn to the R (& pose)

7&8 Shuffle 1/2 turn to the Left L-R-L

Section 3: [17-24] MAMBO FORWARD & MAMBO BACK, STEP 1/2 PIVOT, RUN RUN RUN (or Triple Turn)

1&2 Rock forward On R recover back on L Step right back in place

3&4 Rock back On L recover back on R Step left back in place

5-6 Step forward on R 1/2 Pivot over your L Shoulder (weight is on your L)

7&8 Run Forward R-L-R (or Triple turn over your L Shoulder)

Weight ends on both feet ready to start the dance again.

ENDING

On Count 1&2 of Section 3

Rock forward On R recover back on L, 1/2 turn over your R shoulder, stepping down onto your R.

Taa Daa !! End Of Dance

Enjoy & Let's Dance xx

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