

This Girl

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Count: 48

Wall: 2

Level: Intermediate

Choreographer: Diane Blairs (UK) March 2012

Music: Long Gone by Lady Antebellum Album: Lady Antebellum 2008.

NOTE: (18sec) Start on Vocal ("It's")

ROCKING CHAIR, JAZZ BOX.

1 - 2rock fwd on right, recover on left,

3 - 4rock back on right, recover on left,

5 - 6cross right over left, step back on left,

7 - 8step right to right side, step fwd on left.

½ PIVOT R, STEP FWD L, RIGHT SUFFLE FWD, ROCK, RECOVER, STEP BACK, ¼ TURN R, CROSS.

1 - 2½ pivot right, step on right, step fwd on left,

3&4step fwd on right, step left beside right, step fwd on right,

5 - 6rock fwd on left, recover on right,

7&8step left back, ¼ turn right, step on right, cross left over right.

SIDE, TOG, ¾ TURN RIGHT, BEHIND, SIDE, CROSS, ¼ SWIVEL L, BACK LEFT.

1 - 2step right to right side, step left beside right,

3 - 4¼ turn right, step on right, ½ turn right, step back on left, (weight on left)

5&6step right behind left, step left to left side, cross right over left,

7 - 8(on balls of both feet) ¼ swivel left, (weight on right), step back on left, (weight on left)

CROSS, BACK, R COASTER, L SAILOR, RIGHT LOCK STEP

1 - 2cross right over left, step back on left,

3&4step slight back on right, step left beside right, step fwd on right,

5&6step left slight behind right, step right to right side, step left to left side, (weight on left)

7&8step fwd on right, lock left behind right, step fwd on right.

L SIDE ROCK, BEHIND, R SIDE ROCK, BEHIIND, WALK FWD L & R

1-2-3rock left to left side, recover on right, step left behind right,

4-5-6rock right to right side, recover on left, step right behind left, (weight on right)

7 - 8walk fwd on left, walk fwd on right.

STEP, $\frac{1}{2}$ PIVOT R HOOK, RIGHT LOCK STEP, ROCK RECOVER, $\frac{1}{4}$ TURN L, LEFT LOCK STEP.

1 - 2step fwd on left, $\frac{1}{2}$ pivot right, hook right across left,

3&4step fwd on right, lock left behind right, step fwd on right,

5 - 6rock fwd on left, recover on right,

7&8 $\frac{1}{4}$ turn left, step fwd on left, lock right behind left, step fwd on left.