

# Swangin'

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**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Trevor Thornton and Kelly Cavallaro (Nov 2014)

**Music:** Swingin' by John Anderson with Colt Ford

## **Kick and Locks , Walk, Walk, Sailor step**

- 1&2&** Kick Right foot forward, Step down on right, Lock Left foot behind Right, Step forward on right
- 3&4** Kick Left foot forward, Step down on left, Lock Right foot behind left
- 5,6** Step left forward, Step right forward
- 7&8** Step left behind, step right next to left, step left foot forward

## **Sailor step, Full turn, Syncopated weave**

- 9 &10** Step right behind, step left next to right, step right foot forward
- 11,12** Hook left foot behind right, full unwind with weight ending on left
- 13** Step right foot to right side
- 14&15** Step left foot behind right, step right foot out to right, cross left foot over right
- 16** Step Right foot out to right

## **Shoulder bumps, Body roll with a turn, Jazz box**

- 17,18** Bump left shoulder to the left, Bump right shoulder to the right
- 19,20** Roll left shoulder down, turning a 1/4 to the left, Scuff right foot forward
- 21-24** Cross right over left, Step left foot back, Step right foot next to left, Step left foot forward

## **Walk, Walk, Kick ball change, Sway, Sway**

- 25,26** Walk right , walk left
- 27&28** Kick right foot forward, step right next to left, step left
- 29,30** Step right foot forward at an angle, dipping body down, Touch left foot next to right, bringing body back up
- 31,32** Step left foot forward at an angle, dipping body down, Touch right foot next to left, bringing body back up

**REPEAT and ENJOY!!**

**Any questions, contact us:**

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