

TROUBLED MIND

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** —

Choreographer: Gordon Elliott

Music: Ease My Troubled Mind by Ricochet

- 1-4** Kick left forward, stomp left together, clap twice

- 5-6** Step left to the side, slide right together
- 7-8** Step left to the side, slide right together

- 9-10** Strut-step right heel forward, slap right toe to the floor
- 11-12** Step left heel forward, slap left toe to the floor

- 13-14** Touch right heel forward, touch right toe back
- 15** Pivoting on the left-turn $\frac{1}{4}$ turn right
- 16** Hitch right knee across body and slap with left hand

- 17-18** Step right to the side, step left behind right
- 19** Step right to the side
- 20** Hitch left knee across body and slap with right hand

- 21** Touch left toe to the side
- 22** Step left toe across in front of right
- 23** On the balls of the feet-turn $\frac{1}{2}$ turn right
- 24** Kick right forward

- 25-26** Step right back, touch left toe back

27-28 Step left forward, kick right forward

29-30 Step right back, step left back

31 Turning $\frac{1}{2}$ turn right, step right forward

32 Stomp left together

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=43986