

TELL ME WHY IT HURTS

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Count: 32

Wall: 4

Level: intermediate

Choreographer: Cato Larsen

Music: It Hardly Hurts At All by Maria Arredondo

ROCK & ½ TURN, COASTER STEP, SIDE ROCK & CROSS, ¼ TURN, SWEEP

- 1&2** Step back on right, rock forward on left, pivot ½ turn left stepping back on right
- 3&4** Step back on left, step right next to left, step forward on left
- 5&6** Step right to right side, rock back onto left, step right across of left
- 7&** Turn ¼ turn right stepping back on left, pivot ¼ turn right stepping forward on right
- 8** Step forward on left

MAMBO STEP, POINT, ¼ TURN, KICK, CROSS, BACK, SIDE, STEP, SWEEP ½ TURN

- 1&2** Step forward on right, rock back onto left, step back on right
- 3&4** Point left toe back, pivot ¼ turn left keeping weight on right, kick left diagonal forward left
- 5&6** Cross left over right, step back on right, step left to left side
- 7-8** Step forward on right, sweep left to the right and turn ½ turn right touching left next to right

SHUFFLE FORWARD, ¾ TURN PENCIL SPIN, CROSS ROCK SIDE, CROSS ROCK ¼ TURN

- 1&2** Step forward on left, step right next to left, step forward on left
- 3-4** Turn ¾ turn left on ball of left touching right toe next to left
- 5&6** Cross right over left, rock back onto left, step right long step to right side
- 7&8** Cross left over right, rock back onto right, step left ¼ turn left

STEP, PIVOT ½ TURN, STEP, FULL TURN, ¼ TURN & CROSS, SIDE ROCK & SLIDE, CROSS, BACK, SIDE

- 1&2** Step forward on right, pivot ½ turn left, step forward on right
- 3** Pivot ½ turn right stepping back on left
- &4** Pivot ½ turn right stepping forward on right, step forward on left
- 5&** Turn ¼ turn right stepping right across left, step left to left side
- 6** Push off from left foot stepping right long step right

7&8 Cross left over right, step back on right, step left to left side

REPEAT

TAG

With Maria Arredondo track, add the following after walls 1, 3 & 4. On wall 2, you do these steps twice

CROSS ROCK SIDE, CROSS ROCK SIDE

1&2 Cross right behind left, rock forward onto left, step right long step to right side

3&4 Cross left behind right, rock forward onto right, step left long step to left side