

The "C" Word

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Brenna Stith - July 2015

Music: The C Word - Laura Bell Bundy

#16 count intro

DIAGONAL STEP, STEP TOGETHER, BOUNCE HEELS X 2, DIAGONAL STEP, STEP TOGETHER, BOUNCE HEELS X 2

- 1 2** Step R to diagonal, Step L beside R
- &3&4** Raise up on the ball of your feet, Return to your heels, Raise up on the ball of your feet, Return to your heels
- 5 6** Step L to diagonal, Step R beside L
- &7&8** Raise up on the ball of your feet, Return to your heels, Raise up on the ball of your feet, Return to your heels

OUT, OUT, IN, IN, PIVOT ¼ TURN X2

- 1 2 3 4** Step R out to side, Step L out to side, Step R in, Step L in
- 5 6 7 8** Step fwd on R, Make a 1/4 turn placing weight onto L, Step fwd on R, Make a 1/4 turn placing weight onto L (Roll your hips with each pivot)

CROSSING SHUFFLE, SIDE ROCK RECOVER, CROSSING SHUFFLE, SIDE ROCK RECOVER

- 1 & 2** Cross R over L, Step L to side, Cross R over L
- 3 4** Rock L to side, Recover weight onto R
- 5 & 6** Cross L over R, Step R to side, Cross L over R
- 7 8** Rock R to side, Recover weight onto L

FWD HIP BUMPS X2, ¼ TURN JAZZ SQUARE

- 1 & 2** Step R fwd as you bump R hip to the diagonal, Bring hip back to center, Place weight onto R
- 3 & 4** Step L fwd as you bump L hip to the diagonal, Bring hip back to center, Place weight onto L
- 5 6 7 8** Cross R over L, Make a ¼ turn stepping L back, Step R to side, Cross L over R