

# Seven Lonely Days

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**Count:** 32      **Wall:** 4      **Level:** Improver

**Choreographer:** Barbara Shoda (Aug 2013)

**Music:** Seven Lonely Days by Bouke

**Wait 24 counts to begin dance**

**STEP BRUSH STEP TAP, STEP BRUSH STEP TAP:**

**1-4L step out to side(1), R brush across(2), R step across left(3), L tap toe back(4)**

5-8      Repeat counts 1-4

**SHUFFLE 1/4L, PIVOT ½ L, OUT OUT, JUMP BACK , HOLD**

**1&2, 3-4** Shuffle 1/4L Stepping L R L(1&2), Pivot ½ L Stepping R forward(3) pivot ½ L , weight to left(4)

**5-6, &7-8R step forward and out(5), L step forward and out(6), R step back(&), L step back(7), Hold(8)**

**HEEL STEPS RIGHT AND LEFT, RIGHT LINDY**

**1-4R heel forward(1), R step(2), L heel forward(3), L step(4)**

**5&6, 7-8R Side shuffle stepping R L R(5&6), L rock back(3), R recover(4)**

**SHUFFLE FORWARD, STEP, HOLD, SHUFFLE FORWARD, STEP, HOLD**

**1&2, 3-4** Shuffle forward stepping L R L(1&2), R step forward(3), Hold(4)

**5&6, 7-8** Repeat counts 1&2, 3-4

**Repeat**

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