

# SHIMMY ON DOWN

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**Count:** 32      **Wall:** 2      **Level:** beginner

**Choreographer:** Chris Cleevely

**Music:** Meat & Potato Man by Alan Jackson

## STEP, LOCK, RIGHT DIAGONAL SHUFFLE; STEP, LOCK, LEFT DIAGONAL SHUFFLE

- 1-2      Step forward on right diagonal, lock left behind right
- 3&4      Right diagonal shuffle forward (stepping right/left/right)
- 5-6      Step forward on left diagonal, lock right behind left
- 7&8      Left diagonal shuffle forward (stepping left/right/left)

## ROCKING CHAIR; RIGHT FORWARD SHUFFLE; WALKS FORWARD (OR FULL TURN)

- 9-10      Rock forward on right foot, recover weight on left
- 11-12      Rock back on right foot, recover weight on left
- 13&14      Right forward shuffle (stepping right/left/right)
- 15-16      Walk forward left, walk forward right

## ¼ TURN RIGHT; ¼ TURN RIGHT; STEP FORWARD LEFT & SHIMMY; STEP FORWARD RIGHT & SHIMMY

- 17-18      Step forward on left, pivot ¼ turn right (transfer weight onto right) & snap fingers on left hand
- 19-20      Step forward on left, pivot ¼ turn right (transfer weight onto right) & snap fingers on left hand
- 21&22      Step forward on left & shimmy (bending knees slightly)
- 23&24      Step forward on right & shimmy (bending knees slightly)

## ROCKING CHAIR; LEFT GRAPEVINE (OR FULL TURN)

- 25-26      Rock forward on left foot, recover weight on right
- 27-28      Rock back on left foot, recover weight on right
- 29-30      Step left to left side, cross right behind left
- 31-32      Step left to left side, touch right beside left & clap

## REPEAT

