

SET ME FREE

LINEDANCE.COM

Count: 48

Wall: 4

Level: intermediate

Choreographer: Emma Thompson

Music: You Keep Me Hanging On by Reba McEntire

SIDE SHUFFLE, ROCK, SHUFFLE $\frac{1}{4}$ TURN, FULL TURN

- 1&2** Step right to right side, step left together, step right to right side
- 3-4** Rock left foot over front of right, recover with left back in place with weight on right
- 5&6** Step left to left side, step right together, step left to left side turning $\frac{1}{4}$ left
- 7-8** Make a full turn left over left shoulder moving forward

LOCK STEPS, FULL TURN TO LEFT TWICE

- 1&2** Step right forward, lock left behind right, step right forward
- 3&4** Step left forward, lock right behind left, step left forward
- 5-6** Make a full turn over left shoulder, moving sideways left
- 7-8** Make a full turn over left shoulder, moving sideways left

KNEE POPS TURNING $\frac{1}{4}$ RIGHT, TOUCH

- 1&** Turn right knee into left leaving right toe in place beside left, bring right knee back to place
- 2&** Turn left knee into right leaving left toe in place beside right, bring left knee back to place
- 3&** Turn right knee into left leaving right toe in place next to left, bring right knee back to place
- 4&** Turn left knee into right leaving left toe in place next to right, bring left knee back to place
- 5&** Turn right knee into left leaving right toe in place next to left, bring right knee back to place
- 6&** Turn left knee into right leaving left toe in place next to right, bring left knee back to place
- 7&** Turn right knee into left leaving right toe in place next to left, bring right knee back to place
- 8** Touch left toe next to right (as you are doing these you make $\frac{1}{4}$ turn to the right)

SIDE SHUFFLE, CROSS UNWIND, SIDE SHUFFLE, CROSS UNWIND

- 1&2** Step right to right side, step left next to right, step right to right side
- 3-4** Cross left over right and unwind full turn to the right
- 5&6** Step left to left side, step right together, step left to left side
- 7-8** Cross right over left and unwind a full turn to the left

SHUFFLE, RONDE, SHUFFLE

1&2 Step right forward, step left together, step right forward

3&4 Step left forward, step right together, step left forward

5-6 Sweep (ronde) right into $\frac{1}{2}$ turn left

7-8 Step right forward, step left together, step right forward

ROCK, RECOVER, SAILOR STEP, SAILOR STEP TURNING $\frac{1}{4}$, STEP, TOUCH

1-2 Rock left to left side, recover replacing weight onto right

3&4 Cross left behind right, step right to right side, step left in place

5&6 Cross right behind left, step left to left side, step right in place turning $\frac{1}{4}$ right

7-8 Step left forward, touch right next to left

REPEAT