

Ship Out

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Count: 48

Wall: 2

Level: Intermediate

Choreographer: Mariane Zoghbi & M^a Jesús Osuna (M&M Twin Dancers) July 2016

Music: "This ain't 60's" , Coley McCabe

Serie : intro 16 - 48 - 48 - 44 restart - 48 -48 - restart last 16 - final 5

[1-8] KICK - HOOK - KICK - ½ TURN R with TOE STRUT (x2) - ROCK BACK - STOMP UP - STOMP FWD - SWIVELS

1& Kick right forward , hook right over left

2& Kick right forward , toe touch right back

3&4½ turn right and drop right heel taking weight , toe touch left forward , ½ turn right and drop right heel taking weight

5& Step right back , recover on left

6& Stomp up right beside left , stomp right forward

7&8& Weight on the balls of both feet : both heels to the right , return to center , both heels to the right , return to center

[9-16] ROCK FWD - ½ TURN L with TOE STRUT (X2) - STEP ¼ TURN L - JUMPING CROSS - BACK & KICK - LONG STEP FWD - SLIDE - STOMP UP

1&2 Step left forward , recover on right

3&4& Toe touch left back , ½ turn left and drop left heel taking weight , toe touch right forward , ½ turn left and drop right heel taking weight 4 ¼ turn left stepping left to the left side (09.00)

5&6 Cross right over left , recover on left and kick right forward (5& with slight jump) , long step right forward

7-8 Slide back left beside right , stomp up right in place

[17-24] POINT BACK - ½ TURN R - ROCK CROSS - TOGETHER - GRAPEVINE ¼ TURN R - PIGEON TOED MOVIMENT ending HOOK

1-2 Toe touch right back , ½ turn right (03.00)

3&4 Cross left over right , recover on right , step left beside right

5&6 Step right to the right side , cross left behind right , $\frac{1}{4}$ turn right and step right forward , step left beside right (06.00)

7&8 Right travelling : open toes (weight on heels) , close toes and open heels (weight on left heel right toe) , open toes and close heels (weight on left toe and right heel) , hook left behind right

[25-32] SIDE - FULL TURN SIDE - SIDE - FULL TURN BACK - LONG STEP FWD - TOGETHER

1-2 Step left to the left side , $\frac{1}{2}$ turn right stepping right to the right side

3-4 $\frac{1}{2}$ turn right stepping left to the left side , step right to the right side

5-6 $\frac{1}{2}$ turn left stepping right forward , $\frac{1}{2}$ turn left stepping right back

7-8 Long step left forward , right beside left

[33-40] TRAVELLING SWIVELS & HOLD (R-L) - CROSS - STEP BACK - $\frac{1}{2}$ TURN R - LONG STEP FWD (L) - TOGETHER

1&2& Right travelling : both heels to the right side , both toes to the right side , both heels to the right side , hold

3&4& Left travelling : both heels to the left side , both toes to the left side , both heels to the left side , hold

5&6 Cross right over left , step left back , $\frac{1}{2}$ turn right stepping right forward (12.00)

7-8 Long step left forward , right beside left

[41-48] $\frac{1}{2}$ TURN LEFT with TOE STRUT (x 3) - STOMP - HEEL SWITCHES - LONG STEP FWD (L) -STOMP UP

1&2& $\frac{1}{2}$ turn left and toe touch left forward , drop left heel taking weight , $\frac{1}{2}$ turn left and toe touch right back , drop right heel taking weight

3&4 $\frac{1}{2}$ turn left and toe touch left forward , drop left heel taking weight , stomp right beside left (06.00)

*** During wall 3 dance up to count 44**

5&6& Touch left heel forward , left beside right . touch right heel forward , right beside left

7-8 Long step left forward . stomp up right beside left

REPEAT

RESTARTS:-

***1. During wall 3 dance up to count 44 and begin again (facing at 06.00)**

****2. During wall 6 (the last one) dance up from count 33 to 48 (facing at 06.00)**

FINAL

Performed the 2nd Restart , to finish at 12.00 add:

[1-5] WALK BACK (R - L) - ½ TURN R & STEP - STEP FWD- TOE TOUCH BACK & COWGIRL SALUTE

1-2 Step right back , step left back

3-4½ turn right stepping right forward , step left forward

5 Toe touch right back and salute (tipping down the head and catch with two fingers the hat brim)

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