

SOWIN' LOVE

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Count: 32 **Wall:** 4 **Level:** beginner

Choreographer: Ron Bagley

Music: Sowin' Love by Merv & Maria

TOE TOUCHES, RIGHT SIDE ROCK & CROSS, HOLD

- 1-2 Touch right toe to right side, step right beside left
- 3-4 Touch left toe to left side, step left beside right
- 5-6 Rock right foot to right side, recover weight onto left
- 7-8 Cross step right over left, hold

LEFT SIDE ROCK & CROSS, HOLD, VINE QUARTER TURN RIGHT, SCUFF

- 9-10 Rock left to left side, recover weight onto right
- 11-12 Cross step left over right, hold
- 13-14 Step right to right side, cross left behind right
- 15-16 Step right quarter turn right, scuff left foot forward (facing 3:00)

HEEL STRUT FORWARD (LEFT & RIGHT), FORWARD ROCK, HALF TURN LEFT, HOLD

- 17-18 Step left heel forward, drop left toe to floor
- 19-20 Step right heel forward, drop right toe to floor
- 21-22 Rock forward on left, rock back on right
- 23-24 Step back on left turning half turn left, hold (facing 9:00)

HEEL STRUTS (RIGHT & LEFT), FORWARD ROCK, HALF TURN RIGHT, TOGETHER

- 25-26 Step right heel forward, drop right toe to floor
- 27-28 Step left heel forward, drop left toe to floor
- 29-30 Rock forward on right, rock back on left
- 31-32 Step back on right turning half turn right, step left beside right (facing 3:00)

REPEAT