

# SMOOTHINNIT

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**Count:** 64

**Wall:** 4

**Level:** intermediate

**Choreographer:** Gaye Teather

**Music:** Wings On My Heels by Dave Sheriff

## HEEL GRIND, ¼ TURN RIGHT, COASTER STEP, STEP PIVOT ¼ RIGHT, CROSS SHUFFLE

- 1-2** Touch right heel forward, grind right heel ¼ turn right (weight on left)
- 3&4** Step back on right, close left beside right, step forward on right
- 5-6** Step forward on left, pivot ¼ turn right
- 7&8** Cross step left over right, step right to right side, step left over right (6:00)

## HEEL GRIND, ¼ TURN RIGHT, COASTER STEP, STEP PIVOT ¼ RIGHT, CROSS SHUFFLE

- 9-16** Repeat steps 1-8 (12:00)

## SWEEP ¼ TURN LEFT, TOUCH, COASTER STEP, FORWARD ROCK, LEFT LOCK BACK

- 17-18** Sweep right foot out and round making ¼ turn left on ball of left foot, touch right beside left
- 19&20** Step back on right, close left beside right, step forward on right
- 21-22** Rock forward on left, recover onto right
- 23&24** Step back on left, lock right over left, step back on left (9:00)

## TOUCH BEHIND, ½ TURN RIGHT, COASTER STEP, FORWARD ROCK, LEFT LOCK BACK

- 25-26** Touch right toe behind left foot, on ball of left foot pivot ½ turn right (weight remains on left)
- 27&28** Step back on right, close left beside right, step forward on right
- 29-30** Rock forward on left, recover onto right
- 31&32** Step back on left, lock right over left, step back on left (3:00)

## ¼ RIGHT, TOUCH, KICK-BALL-CROSS, ¾ TURN RIGHT, LEFT SHUFFLE FORWARD

- 33-34** Make ¼ turn right stepping right to right side, touch left beside right
- 35&36** Kick left foot forward, step left in place, step right over left
- 37-38** Make ¼ turn right stepping back on left, make ½ turn right stepping forward on right
- 39&40** Step forward on left, close right beside left, step forward on left (3:00)

## CROSS, SIDE, SAILOR STEP TWICE

- 41-42** Cross step right over left, step left to left side
- 43&44** Cross right behind left, step left to left, step right to right
- 45-46** Cross step left over right, step right to right side
- 47&48** Cross left behind right, step right to right, step left to left

**CROSS ROCK, SHUFFLE  $\frac{3}{4}$  RIGHT, FORWARD ROCK, COASTER STEP**

- 49-50** Cross rock right over left, recover onto left
- 51&52** Shuffle  $\frac{3}{4}$  turn right stepping right, left, right
- 53-54** Rock forward on left, recover onto right
- 55&56** Step back on left, close right beside left, step forward on left (12:00)

**CROSS ROCK, SHUFFLE  $\frac{3}{4}$  RIGHT, FORWARD ROCK, COASTER STEP**

- 57-64** Repeat steps 49-56 (9:00)

**REPEAT**