

Rock & Roll Mambo

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Count: 88

Wall: 1

Level: Phrased Intermediate

Choreographer: Patrick Latendresse (Dec 2012)

Music: Seven Nights To Rock by BR5-49

Order parts: AB-ABC-BACC-BA

A1: MAMBO STEPS RIGHT

1-2-3-4 Step right forward, recover weight on left, step right backward, recover weight on left

5-6-7-8 Step right forward, recover weight on left, step right backward, recover weight on left

A2: SYNCOPATED R WINE, TOUCH

1-2 Step right to side, cross left behind right

3-4 Step right to side, cross left over right

5-6 Step right to side, cross left behind right

7-8 Step right to side, touch left beside right

A3: MAMBO STEPS LEFT

1-2-3-4 Step left forward, recover weight on right, step left backward, recover weight on right

5-6-7-8 Step left forward, recover weight on right, step left backward, recover weight on right

A4: SYNCOPATED LEFT WINE, TOUCH

1-2 Step left to side, cross right behind left

3-4 Step left to side, cross right over left

5-6 Step left to side, cross right behind left

7-8 Step left to side, touch right beside left

A5: FULL TURN LEFT, HOLD, FULL TURN RIGHT, PAUSE

1-2 Step right forward, start turning $\frac{1}{4}$ turn left while pushing with right foot

3-4 keep on turning $\frac{1}{2}$ turn left while pushing on right foot

5-6 Touch right forward and keep on turning $\frac{1}{4}$ turn left while pushing with left foot

7-8 Step right beside left, pause

(While you turn wave your arms in the air in circle motion at the same time)

A6: FULL TURN RIGHT, HOLD, FULL TURN LEFT, PAUSE

1-2 Step left forward, start turning $\frac{1}{4}$ turn left while pushing with left foot

3-4 keep on turning $\frac{1}{2}$ turn right while pushing on left foot

5-6 Touch left forward and keep on turning $\frac{1}{4}$ turn right while pushing with left foot

7-8 Step left beside right, pause

B1: KICKS, SIDE MAMBO, PAUSE

1-2 Kick right foot forward, step right beside left

3-4 Kick left foot forward, step left beside right

5-6 Step right to side, recover weight on left step right beside left

7-8 Step right beside left, pause

B2: KICKS, SIDE MAMBO, PAUSE

1-2 Kick left foot forward, step left beside right

3-4 Kick right foot forward, step right beside left

5-6 Step left to side, recover weight on right step left beside right

7-8 Step left beside right, pause

Repeat kicks part 2 more times

REPEAT AB PARTS

C1: CHARLESTON STEPS, STEP TOUCHES

1-2 Touch right over left, pause

3-4 Step right behind left, pause

5-6 Touch left behind right, pause

7-8 Step right forward left, pause

REPEAT THAT PART ONE MORE TIME

C2: STEP TOUCHES, SIDE STEP SLIDE RIGHT

1-2 Step right to side, touch left beside right

3-4 Step left to side, touch right beside left

5-6 Step right to side, slide left beside right

7-8 Step right to side, touch left beside right

C3: STEP TOUCHES, SIDE STEP SLIDE LEFT

1-2 Step left to side, touch right beside left

3-4 Step right to side, touch left beside left

5-6 Step left to side, slide right beside left

7-8 Step left to side, touch right beside left

REPEAT BACC-BA PARTS

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