

# Sarah's Twist & Shout

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** K. Sholes - Oct 2016

**Music:** Down At The Twist & Shout by Sarah Louise Mc Fadden

## Section 1: Crazy scuffs X4 (scuff with one foot while spinning on toe of other foot)

**1-4** Scuff R, Step R to side, Scuff L, Step L to side,

**5-8** Scuff R, Step R to side, Scuff L, Step L to side.

## Section 2: Touch, Hold X2, Step, 1/4 pivot-flick, Step, Hold

**1-4** Touch R toe forward, Hold, Touch R toe back, Hold,

**5-8** Step R forward, Pivot 1/4 to left-flick R back, Step R forward, Hold.

## Section 3: Toe strut X2, Jazz box-cross

**1-4** Step L toe forward, Step on L, Step R toe forward, Step on R,

**5-8** Cross L over R, Step R back, Step L back, Cross R over L.

## Section 4: Touch, Hold X2, Step, Toe tap, Heel tap, Toe flick

**1-4** Touch L toe to side, Hold, Touch L toe over R, Hold,

**5-8** Step L to side, Touch R toe in, Touch R heel in, Flick R toe back.

**Begin Again! Enjoy!**