

# SIMPLY - SUNRISE

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**Count:** 48

**Wall:** 4

**Level:** intermediate social cha

**Choreographer:** Alan Birchall

**Music:** Sunrise by Simply Red

## **TOUCH, HOLD, STEP, STEP, POINT, ¼ TWIST, ½ TWIST, DOWN UP**

- 1-2 Touch right to right, hold
- &3 Step right by left, step left to left
- &4 Step right by left, point left to left
- 5 Making ¼ turn left twist heels right (facing 9:00)
- 6 Making ½ turn right twist both heels left (weight ends on left facing 3:00)
- 7-8 Squat down, stand up (weight on left)

**Options: rock forward on right, recover on left, or body roll - weight must end on left**

## **STEP, SLIDE, ¼ SIDE SHUFFLE, STEP, ½ PIVOT, FULL TURN, ¼ TURN (1¾ TURN TOTAL)**

- 1-2 Take large step forward on right, slide left towards right
- 3&4 Step left to left, right by left, left to left making ¼ turn left (facing 12:00)
- 5-6 Step forward on right, ½ pivot left (facing 6:00)
- 7& Full turn left stepping right, left
- 8 Large step forward on right making ¼ turn left (facing 3:00)

## **SLIDE, STEP, CROSS, POINT, CROSS, POINT, CROSS, UNWIND**

- 1-2 Slide left behind right (over two counts)
- &3 Step right to right, cross left over right
- 4 Point right to right
- 5-6 Cross right over left, point left to left
- 7-8 Cross left over right, unwind ½ turn right (facing 9:00)

## **STEP BACK, SLIDE/HOOK, SHUFFLE, STEP BACK, SLIDE, SHUFFLE**

- 1-2 Take large step back on right, slide left towards right hooking over right shin (bow & click fingers)
- 3&4 Left shuffle forward stepping left, right, left

- 5-6** Take large step back on right, slide left towards right hooking over right shin (bow & click fingers)
- 7&8** Left shuffle forward stepping left, right, left

### **SIDE, BEHIND, SWEEP, SIDE, IN FRONT, UNWIND WITH RONDE**

- 1-2** Step right to right, cross left behind right
- 3-4** Sweep right behind left (over two counts)
- 5-6** Step left to left, cross right over left
- 7-8** Unwind full turn left with left ronde transferring weight to left (facing 9:00)

### **CROSS ROCK, RECOVER, HEEL, STEP, CROSS, TOUCH'S, HEEL SWIVELS**

- 1-2** Cross rock right over left, recover on left
- &3** Step back on right, extend left heel forward
- &4** Step left by right, cross right over left
- 5&** Touch left to left, step left by right
- 6&** Touch right to right, step right by left
- 7&8** Touch left to left
- 8** Swivel heels right, left (weight ends on left)

### **REPEAT**