

Twisted Sister

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Count: 32 **Wall:** 4 **Level:** Advanced

Choreographer: Guyton Mundy (Jan 2015)

Music: Nickelback - She Keeps Me Up

#16 count intro

[1-9] Step, Spiral, rock, back X2, behind with sweep, sailor, heel swivel, ball step with 1/8 turn

1-2 Step forward on right, make a full spiral to left,

3-4&rock forward on left, step back on right, step back on left

5step right behind left as you sweep left out to left

6&7step left behind right, step together with right, step diagonally forward to left on left ending on ball of left foot, with the toes of the left foot slightly turned in

&8&1swivel left foot a 1/4 turn to the left, swivel back in, bring left foot into right as you step on ball of left making a 1/8th of a turn to the left, step forward on right

[10-17] rock/recover, back lock back, 1/2, 1/2, 1/2 triple

2-3 Rock forward on left, recover on right,

4&5step back on left, lock right into left, step back on left,

6-7make a 1/2 turn over right stepping forward on right, make a 1/2 turn over right stepping back on left

8&1make a 1/2 turn over right stepping right, left, right still traveling

[18-25] Cross, back, triple with 1/4, step, pivot 1/2, 1/2, 1/2, 1/4 touch

2-3cross left over right, step back on right as you make an 1/8 of a turn to the left

4&5step left to left, step together with right, make a 1/4 turn to the left stepping forward on left

6-7 Step forward on right, make a 1/2 turn to left stepping down on left

8&1make a 1/2 turn to left stepping back on right, make a 1/2 turn to left stepping forward left, make a 1/4 turn to the left pointing right to right side

[26-32] touch in, diagonal back, coaster, walk, walk, step together

2-3touch right next to left, step diagonally back to right to right

4&5step back on left, step together with right, step forward on left

6-7walk forward right, left

8&step forward on right, step together with left

Last Update - 3rd March 2015