

Sugar Dumpling

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Count: 32

Wall: 2

Level: Beginner / Intermediate ECS

Choreographer: Gwen Walker (Jan27-12)

Music: Sugar Dumpling by Sam Cooke

Practice song for learning steps: -

Rolling in the Deep by Adele & I Can Take it From There by Chris Young

16 count intro (small steps work best with this line dance, great exercise line dance) -

No tags or restarts

Right kick ball change X 2, forward rock recover, $\frac{1}{4}$ right triple.

- 1&2** Kick right foot forward, ball change right, recover weight to left.
- 3&4** Kick right foot forward, ball change right, recover weight to left.
- 5-6** Rock right foot forward, recover back to left foot.
- 7&8** Turn $\frac{1}{4}$ right, triple to side, right, left, right. (3:00)

Weave right, left cross rock, left side triple.

- 1-4** Cross left over right, right to side, left behind right, step right to side.
- 5-6** Cross rock left over right, recover weight to right.
- 7&8** Side triple to left, left, right, left.(3:00)

Heel switches, step $\frac{1}{2}$ turn, sway forward, back x2.

- 1&2&3-4** Place right heel forward, step right beside left, place left heel forward, step left beside right, step right foot forward, $\frac{1}{2}$ turn to left, weight on left foot.(9:00)
- 5-8** Sway (with weight changes) forward on right, back on left, Twice(9:00)

**** (Easy Option: replace heel switches with rock forward on right, recover, rock back on right recover, right step $\frac{1}{2}$ turn left, sway forward back once.)**

Triple forward, left rock recover, left coast, step $\frac{1}{4}$ turn.

- 1&2** Right triple forward, right, left, right.
- 3-4** Rock forward onto left, recover to right
- 5&6** Coaster step, step left foot back, bring right back beside left, step left foot forward.

7-8 Step right foot forward, $\frac{1}{4}$ turn to left ending with weight on left.(6:00)

Ending: song ends at the start of section 4, triple forward right, step left $\frac{1}{4}$ turn to right to face front wall. Thank you.

Repeat Have Fun, Dance from the Heart with Joy.

Contact: gkwdance@gmail.com

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=85953