

# True Lies

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**Count:** 48      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Adrian Churm (UK) June 2009

**Music:** Is It True by Yohanna, CD: Eurovision Song Contest: Moscow 2009

## Start on vocals

### S1. Side rock, recover x2, weave to right.

- 1**            Right to right side
- 2&3**        Rock back and behind on left, recover forward onto right foot, left foot to the left side.
- 4&5**        Rock back and behind on right, recover forward onto left foot, right foot to right side.
- 6&7**        Left foot behind right, right foot to right side, left foot across right.
- &8&**        Right foot to right side, left foot behind right, right foot to right side.

### S2. Cross rock, side cross, hold, double Crossovers $\frac{1}{4}$ turn left, Lock Back.

- 1-2**        Rock left across right, recover back onto right foot
- &3-4**       Step ball of left foot to the side, cross right in front of left, hold
- &5**        Step ball of left foot to the side, cross right in front of left.
- &6-7**       Step ball of left foot to the side, cross right in front of left,  $\frac{1}{4}$  turn left left foot forward
- 8&1**        Step right foot back, cross left in front of right, step right foot back.

### S3. Rock recover $\frac{1}{2}$ turn triple step on the spot(x2)

- 2-3**        Rock back onto left, recover forward onto right foot.
- 4&5**        Make a  $\frac{1}{2}$  turn shuffle around to the right stepping left, right, left,
- 6-7**        Rock back on right, recover onto left,
- 8&1**        Make a  $\frac{1}{2}$  turn shuffle around to the left stepping right, left, right.

### S4. Rock, recover, full turn forward, rock, recover, lock step back

- 2-3**        Rock back on left, recover forward onto right foot.
- 4&5**        Full turn right moving forward Stepping left, right, left. (Easy option shuffle forward).
- 6-7**        Rock forward onto right, recover back onto left foot
- 8&1**        Right foot back, left crossed in front of right, right foot back.

### **S5. Lock step back, Coaster step, slow lock, diagonal lock step forward**

- 2&3** Left foot steps back, right crossed in front of left, left foot back.
- 4&5** Right foot steps back, close left to right, right foot steps forward (side on restart)\*.
- 6-7** Left foot steps forward, lock right behind left
- 8&1** To left diagonal left foot steps forward, lock right behind left, left foot steps forward.

### **S6. Two cross rocks to left then right diagonal, double cross rock.**

- 2&3** Rock right across left (left diagonal) recover back onto left foot, right foot to the side (centre).
- 4&5** Rock left across right (right diagonal) recover back onto right, left foot to the side (centre).
- 6&7** Rock right across left, recover back onto left, rock right out to right side.
- &8&1** Recover onto left, rock right across left, recover back onto left, rock right out to right side.

**(The last step is the first step of the routine)**

**Restarts: On the 2nd and 4th repetition of the routine restart the dance again after counts "4&" in section 5 by taking the right foot to the side instead of forward's in the coaster step**

**Ending: On the 6th repetition replace count 8&1 of section 3 with a full triple turn left to face the front.**