

Roly Poly

LINEDANCE.COM

Count: 64 **Wall:** 2 **Level:** Easy Intermediate

Choreographer: Jeine Kintli Kilisan (Aug 2012)

Music: Roly Poly by T Ara

Start after 64 counts - Sequence: 64 , 64, tag(4), 64, 64 Bridge(32), 64, 32

(TAP HEEL TWICE, SAILOR STEP) 2 TIMES

1 - 2 Tap R heel diagonally R twice

3&4R step behind L, L step L, R step R

5 - 6 Tap L heel diagonally L twice

7&8L step behind R, R step R, L step L

SIDE, TOUCH, SIDE, TOUCH, SIDE, KNEE BOUNCING, KICK

1 - 4R step R, L touch by R, L step L, R touch by R

5 - 8R step R, leaning to the R bounce R knee & shimmy shoulders, L kick diag L

1 - 4L step L, R touch by L, R step R, L touch by R

5 - 8L step L, leaning to the L bounce L knee & shimmy shoulders, R kick diag R

JAZZ BOX POINT, BEHIND, POINT, BEHIND POINT

1 - 4R step over L, recover on L, R step R, L point L

5 - 8L step behind R, R point R, R step behind L, L point L

WALK FORWARD, ½ TURN, OUT OUT, HEELS, TOES, HEELS

1 - 4 Walk forward L-R-L, turn ½ R (6.00)

5 - 6L step out, R step out

7&8 Swivel heels in, toes in, heels in

FORWARD, ¼ L, BACK, UNWIND ½ R

1 - 2R step forward, recover on L turning ¼ L (3.00)

3 - 6 Walk back R-L-R-L

7 - 8R step behind L, unwind $\frac{1}{2}$ R (9.00)

WALK BACK, $\frac{1}{4}$ R TURN, SLIDE

1 - 4 Walk back R-L-R-L

5 - 8L step forward, slide R to L, $\frac{1}{4}$ R turn step R, slide L to R (12.00)

FORWARD, TURN-SLIDE, TURN, SLIDE, SWAY, KICK

1 - 2L step forward, slide R to L turning $\frac{1}{4}$ R

3 - 4 Turning $\frac{1}{4}$ R step R forward, slide L to R

5 - 8 Sway L-R-L, kick R

BRIDGE:

(FORWARD, TURN-FLICK, SHUFFLE) TWICE

1 - 2R step forward, turning $\frac{1}{2}$ L flick R back

3&4 Shuffle forward R-L-R

5 - 6L step forward, turning $\frac{1}{2}$ R flick L back

7&8 Shuffle forward L-R-L

(VINE, FLICK) TWICE

1 - 4R step over L, L step L, R step behind L, L flick L

5 - 8L step over R, R step R, L step behind R, R flick R

(CROSS POINT) 4 TIMES

1 - 4R step over L, L point L, L step over R, R point R

5 - 8R step BEHIND L, L point L, L step BEHIND R, R point R

SWAY, HOLD, SWAY, HOLD, SWAY

1 - 4R sway R, hold, L sway L, hold

5 - 8 Sway R-L-R-L

TAG:

1 - 2R long step R, slide L to R

3 - 4L long step L, slide R to L

Cheers & God bless.

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=88956