

THE P.O.D. (THE PETERSBURG OUTLAWS DANCE)

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Count: 32 **Wall:** 4 **Level:** intermediate hip hop

Choreographer: J. D. Clark

Music: The Cure by Ty Williams

RIGHT & LEFT & RIGHT TOE TOUCHES & BOUNCE & LEFT & RIGHT & LEFT TOUCHES & BOUNCE &

- 1&2&** Touch right toe forward, bring home, touch left toe forward, bring home
- 3&4&** Touch right toe forward, while on the balls of both feet, raise both heels, drop both heels, bring right home
- 5&6&** Touch left toe forward, bring home, touch right toe forward, bring home
- 7&8&** Touch left toe forward, while on the balls of both feet, raise both heels, drop both heels, bring home

4 SAILOR STEPS, RIGHT, LEFT, RIGHT, LEFT

- 1&2-3&4** Right and left sailor steps in place
- 5&6-7&8** Repeat 1-4

STEP TO RIGHT, CHASE STEPS WITH $\frac{1}{4}$ TURN RIGHT, STEP LEFT, RIGHT MAKING $\frac{1}{2}$ TURN RIGHT, CHASE STEPS LEFT-RIGHT-LEFT

- 1-4** Step right to right side slide left next to it, step right, left, right while making $\frac{1}{4}$ turn to right
- 5-8** Step left forward, right making $\frac{1}{2}$ turn to right, step left forward, right, left (you can make a full turn here stepping left, right)

HOP FORWARD RIGHT, LEFT HOP BACK LEFT, RIGHT, DUE RIGHT HEEL JACK, LEFT HEEL JACK

- 1&2&** Hop forward out, out right, left then hop back in, in right, left
- 3&4&** Repeat 1-4
- 5&6** Step back at angle with right, touch left heel at angle forward, bring left home
- 7&8** Step back at angle with left, touch right heel at angle forward, bring right home

REPEAT