

# SheDaisy WALTZ

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**Count:** 48      **Wall:** 2      **Level:** Intermediate waltz

**Choreographer:** Michael Barr & Michele Burton - June 2015

**Music:** This Woman Needs - SheDaisy. CD: The Whole Shebang - 96 bpm

**Lead: 24 cts.**

## [1-6] TWINKLE - STEP, SWEEP, TOUCH

- 1 - 3      Step L forward to right diagonal; Step ball of R side right; Step L in place while turning body to left diagonal
- 4 - 6      Step R forward to the left diagonal; (facing 11:30) Sweep L  $\frac{1}{2}$  circle (from back to front, ending with left toe to right instep - 3rd position) (facing 12:30)

## [7-12] DIAGONAL BALANCE FORWARD & BACK

- 1 - 3      Step L forward to 12:30; Step R forward; Return weight onto L in place (facing 12:30)
- 4 - 6      Step R back; Step L back; Small Step R forward (still on slight right diagonal) (facing 12:30)

## [13-18] FRONT, SIDE, BEHIND - SIDE, SLOW LEAN TO R (3 ct. prep for left turn)

- 1 - 3      Step L forward in front of R; Step R side right; Step L behind R (facing 12 o'clock)
- 4 - 6      Step R side right slowly transferring weight to R for counts 4-6 (open body to right diag.) (facing 2 o'clock)

## Syling: Shape upper body with arms to the right diagonal for the 3 counts

## [19-24] 1 $\frac{1}{4}$ TURN LEFT - STEP SLOW KICK FOR 2 COUNTS (dèveloppé)

- 1 - 3      Turn  $\frac{1}{4}$  left stepping L in place; Turn  $\frac{1}{2}$  left stepping R back; Turn  $\frac{1}{2}$  left stepping L forward (facing 9 o'clock)
- 4 - 6      Step R forward; Slowly raise L leg/foot into a 2 count kick (5-6) (facing 9 o'clock)

## [25-30] RUN BACK 3 STEPS - BACK, SIDE, TOGETHER

- 1 - 3      Step L back; Step R back; Step L back (facing 9 o'clock)
- 4 - 6      Step R back; Step L side left; Step R next to L turning to right diagonal

## [31-36] TWINKLE - TWINKLE $\frac{1}{2}$ SPIRAL

- 1 - 3      Step L to forward right diagonal; Step ball of R side right; Step L in place while turning body to left diagonal

**4 - 6(4) Step R to forward left diagonal; (5) Step L side left (begin ½ turn) (6) On the ball of L continue ½ turn right lifting R slightly off floor (2 ct. turn) (facing 3 o'clock)**

**[37-42] LUNGE, RECOVER 3/4 TURN - STEP BACK, DRAG, STEP**

- 1 - 3** Lunge R side right (bring torso over bent right knee, left leg straight) (arms in "L", left arm forward, right arm extended to right); Recover weight onto L while making ¼ turn to left; Turn ½ left stepping back on R (facing 6 o'clock)
- 4 - 6** Step L back; Drag R heel or toe towards left; Step R next to left (weight R)

**[43-48] PRESS RETURN (angle left) - PRESS RETURN (angle right)**

- 1 - 3** Press forward onto L to right diagonal with out-stretched left arm, palm up; Recover weight back onto R in place; Step L beside R
- 4 - 6** Press forward onto R to left diagonal with out-stretched right arm, palm up; Recover weight back onto L in place; Step R beside left (facing 6 o'clock)

**Let's Dance It Again**

**Tags: Same tag X 3**

**End of Wall 2 (12 o'clock); End of Wall 4 (12 o'clock); End of Wall 5 (6 o'clock)**

- 4 - 6** Press forward onto L to right diagonal; Recover weight back onto R in place; Touch drag L next to R

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