

The Hula Slide

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Count: 40 **Wall:** 4 **Level:** Beginner

Choreographer: The Grandpa Crunk (Canada) Sept, 2011

Music: The Hula Slide by The Grandpa Crunk

Documented by Winnie Yu (Pooh) Canada

Intro: 48 counts

Sec. 1: Fwd Rock, Recover, Coaster, Fwd Rock Recover, Coaster

- 1-2 Rock forward on right, recover onto left
- 3&4 Step right back, step left next to right, step forward on right
- 5-6 Rock forward on left, recover onto right
- 7&8 Step left back, step right next to left, step forward on left

Sec. 2: Walk, Walk, 1/4 L Side, Touch, Rolling Vine L, Touch

- 1-2 Walk forward R, L
- 3-4 Make $\frac{1}{4}$ left and stepping right to right side, touch left toe next to right (9:00)
- 5-6-7-8 Make a $\frac{1}{4}$ left and stepping left forward, make a $\frac{1}{2}$ left and stepping right backward, make a $\frac{1}{4}$ left and stepping left to left side, touch right next to left (9:00)

Sec. 3: Back x3, Together, Hop x3, Hold

- 1-2-3-4 Stepping backward R, L, R, step left next to right
- 5-6-7-8 Hop forward x3, hold [Option: walk forward R,L,R, step left next to right]

Sec. 4: Bounces with Hands Up & Down

- 1-2-3-4 Bouncing 4 counts with the both hands up
- 5-6-7-8 Bouncing 4 counts with the both hands down

Sec. 5: Hula Hoop Left & Right

- 1-2-3-4 Rolling hips to L counter clockwise
- 5-6-7-8 Rolling hips to R clockwise

Start again!