

Trouble Is

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Count: 48 **Wall:** 4 **Level:** High Intermediate NC2

Choreographer: Scott Blevins (May 2010)

Music: "Trouble Is" by Allison Iraheta - CD: "Just Like You"

Official Step sheet prepared by: Debi Pancoast

Restarts are on rotation 2 (after count 40&) and rotation 5 (after 24&)

8 count intro to start with lyrics; count 1 is on the word "slip"

(1 - 8)

1-2& 1) Large step side R; 2) Step on ball of L behind R; &) Small step R across L

3-4& 3) Large step side L opening slightly to right diagonal starting $\frac{1}{2}$ turn right [1:00]; 4) Finish $\frac{1}{2}$ turn right stepping forward R [6:00]; &) Small step forward L

5-6-7 5) Step forward on R; 6) Turn $\frac{1}{2}$ left recovering weight on L [12:00]; 7) Step forward R

&8& &) Turn $\frac{1}{2}$ right stepping back L [6:00]; 8) Turn $\frac{1}{2}$ right stepping forward R [12:00]; &) Step forward L

(9 -16)

1-2 1) Rock forward R; 2) Recover weight back on L

3&4& These counts move you back towards 6:00: 3) Step back R; &) "Lock" step L back across R; 4) Step back R; &) "Lock" step L back across R

5-6-7 These counts travel in a small clockwise circle: 5) Turn $\frac{1}{2}$ right with small step forward R [6:00]; 6) Turn $\frac{1}{4}$ right stepping forward L [9:00]; 7) Turn $\frac{1}{8}$ right stepping forward R [11:00 diagonal]

&8& &) Step forward L; 8) Turn $\frac{1}{2}$ left stepping back R [5:00 diagonal]; &) Turn $\frac{1}{2}$ left [11:00 diagonal] stepping forward L

(17-24)

1-2 1) Rock forward R; 2) Recover weight back on L [12:00]

3&4& 3) Square up to 12:00 stepping side R; &) Step L across R; 4) Step side R; &) Step L behind R

5-6 5) Step side R; 6) Leave both feet in place and take weight on L as you turn $\frac{1}{2}$ right on ball of L to create a “spiral” effect [6:00] while your head continues looking towards 1:00 over left shoulder (i.e. your body makes a reverse spiral turn towards 6:00 while your head lingers towards 1:00)

7&8& 7) Turn $\frac{1}{8}$ right stepping forward R [7:00 diagonal]; &) Turn $\frac{1}{2}$ right stepping back L [1:00diagonal]; 8) Turn $\frac{1}{8}$ right stepping side R [3:00]; &) Step L across R

******(Restart on rotation 5)******

(25-32)

1-2& 1) Large step side R; 2) Step on ball of L behind R; &) Small step R across L

3-4& 3) Turn $\frac{1}{4}$ right stepping back L [6:00]; 4) Turn $\frac{3}{8}$ right stepping forward R [11:00 diagonal]; &) Step forward L

5&6& 5) Step forward R; &) Rock forward L; 6) Recover weight back on R; &) Step back L

7&8 7) Turn $\frac{3}{8}$ right stepping forward R [3:00]; &) Turn $\frac{1}{2}$ right stepping back L [9:00]; 8) Turn $\frac{1}{4}$ right stepping side R [12:00]

(33-40)

***&/1*-2 This first step happens on the “1” count during the verse and on the “&” count, holding count “1” during the chorus: &/1) Rock step L across R; 2) Recover weight back on R**

3&4 $\frac{1}{4}$ Turning Sailor: 3) Turn $\frac{1}{4}$ left sweeping L counterclockwise from front to back and step behind R [9:00]; &) Small step side R; 4) Small step forward L

&5-6 &) Step forward R; 5) Turn $\frac{1}{4}$ right sweeping L clockwise from back to front [12:00]; 6) Step L across R

Note: Bend deeper into R knee on counts &5 for broader sweep using your arms for counterbalance.

7&8& 7) Turn $\frac{1}{4}$ right stepping forward R; &) Turn $\frac{1}{2}$ right stepping back L; 8) Turn $\frac{1}{4}$ right stepping side R; &) Step L across R [12:00]

***** (Restart on rotation 2) *****

(41-48)

1-2&3 1) Large step side R; 2) Turn $\frac{1}{4}$ left stepping back L [9:00]; &) Step R next to L; 3) Step forward L

4&5 4) Turn $\frac{1}{4}$ right stepping R across L [12:00]; &) Small step back L; 5) Step back R opening slightly to right diagonal

&6 &) Cross L over R; 6) Unwind a bit more than a full turn right ending with weight on R [2:00]

7&8 7) Rock step side L to square up to [3:00]; &) Recover weight on R; 8) Step L across R

Begin Again & Enjoy!