

# The Heart That You Own

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**Count:** 32

**Wall:** 4

**Level:** Beginner / Improver

**Choreographer:** Derek Robinson (UK)

**Music:** The Heart That You Own by Danny Estocado. CD My 9th Island Paniolo Ranch (100bpm)

## 16 Counts intro.

### Sec 1: CROSS ROCK FORWARD, RECOVER, FORWARD, SWEEP x 2

- 1-2 Cross rock right over left, recover onto left
- 3-4 Cross rock right over left, sweep left forward
- 5-6 Cross rock left over right, recover onto right
- 3-4 Cross rock left over right, sweep right forward

### Sec 2: RIGHT ACROSS, BACK, ¼ TURN, CROSS LEFT, ¼ TURN, ¼ TURN, RIGHT SHUFFLE

- 1-2 Cross right over left, step back left
- 3-4 Step right ¼ turn right, cross left over right (3.00)
- 5-6 Turn ¼ left stepping back right, turn ¼ left stepping forward left (9.00)
- 7&8 Step forward right, step left beside right, step forward right

### Sec 3: FORWARD ROCK, COASTER ¼ TURN, FORWARD RIGHT, POINT, FORWARD LEFT, POINT

- 1-2 Rock forward on left, recover onto right
- 3&4 Turn ¼ left stepping back left, step right beside left, step forward left (6.00)
- 5-6 Step forward right, point left toe to left side
- 7-8 Step forward left, point right toe to right side

### Sec 4: FORWARD ROCK, TRIPLE ¾ TURN, FORWARD ROCK, COASTER STEP

- 1-2 Rock forward on right, recover onto left
- 3&4 Triple turn ¾ right, stepping right, left, right (3.00)
- 5-6 Rock forward on left, recover onto right
- 7&8 Step back left, step right beside left, step forward left

## Repeat

**Tag: Easy 4 count tag at the end of walls 3 & 7 (each time facing 9.00)**

**1-2** Step forward right, pivot ½ turn left

**3-4** Step forward right, pivot ½ turn left

**(Easier option) - Right rocking chair**

**The dance ends after 16 counts on wall 9 (Sec 2). For a nice ending you can replace the last 3 counts with:**

**6** Rock back on left

**7-8** Recover onto right, step forward left placing right hand over heart to finish facing the front.

**Enjoy the dance**

**Last Revision - 24th October 2011**