

# THE TRUTH ABOUT MEN

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**Count:** 68      **Wall:** 4      **Level:** beginner/intermediate

**Choreographer:** Lotus Rose Bailes

**Music:** That's The Thing About A Memory by Tracy Byrd

## TOE STRUT RIGHT AND SHUFFLE FORWARD

- 1-4      Toe strut right and left
- 5-8      Shuffle forward right and left

## KICK BALL CHANGE, ½ TURN TO LEFT AND SHUFFLE FORWARD

- 1&2      Right kick ball change
- 3-4      Cross right over left and turn ½ to left (keeping weight on right)
- 5&6      Shuffle forward left
- 7&8      Shuffle forward right

## TOE STRUT LEFT AND SHUFFLE FORWARD

- 1-4      Toe strut left and right
- 5-8      Shuffle forward left and right

## KICK BALL CHANGE, ½ TURN TO RIGHT AND SHUFFLE FORWARD

- 1&2      Left kick ball change,
- 3-5      Cross left over right and turn ½ to right (keeping weight on left)
- 5&6      Shuffle forward right
- 7&8      Shuffle forward left

## SHUFFLE RIGHT AND LEFT WITH BACKWARD ROCKS

- 1-4      Shuffle right and rock back on the left and forward on right
- 5-8      Shuffle left and rock back on the right and forward on left

## DIAGONAL TOUCHES, HIP BUMPS BACKWARDS

- 1-2      Step right forward at a diagonal to the right and touch the left beside the right (clap hands on the touch)
- 3-4      Step left forward at a diagonal to the left and touch the right beside the left (clap hands on the touch)

**5&6** Step back right and hip bump

**7&8** Step back left and hip bump

### **HEEL GRINDS**

**1-2** Heel grind right

**3-4** Heel grind left

**5-8** Repeat 1-4

### **FULL MONTEREY TURN TO THE RIGHT, ¼ TURN HEEL BOUNCES**

**1-2** Touch right to right side, turn half to the right and step on right

**3-4** Touch left to left side and step left beside right

**5-8** Raise weight onto balls of feet and bounce heels on floor 4 times while turning ¼ turn to the right

### **STEP, HOLD, ½ PIVOT-HOLD**

**1-2** Step forward on the right and hold

**3-4** Turn ½ to the left and hold

### **REPEAT**