

# MAMA'S LITTLE B

LINEDANCE.COM

**Count:** 56

**Wall:** 4

**Level:** intermediate

**Choreographer:** Tony Wilson

**Music:** Shortenin' Bread by The Tractors

**Start after 8 beats as you hear vocals 1,2**

## RIGHT TOE HEEL TRIPLE STEP CROSS UNWIND

- 1-2** Touch right toe to left instep, touch right heel to left instep
- 3&4** Step right, left, right in place
- 5-6** Cross left leg over right, hold
- 7-8** Unwind  $\frac{1}{2}$  turn right, hold

## LEFT TOE HEEL TRIPLE STEP CROSS UNWIND

- 9-10** Touch left toe to right instep, touch left heel to right instep
- 11&12** Step left, right, left in place
- 13-14** Cross right leg over left, hold
- 15-16** Unwind  $\frac{1}{2}$  turn left, hold

## RIGHT SHUFFLE. ROCK. ROCK LEFT SHUFFLE. ROCK. ROCK

- 17&18** Right shuffle forward right-left-right
- 19-20** Rock step forward on left foot, rock back on right foot
- 21&22** Left shuffle forward left-right-left
- 23-24** Rock step forward on right foot, rock back on left foot

## BACK TOE HEEL STRUTS RIGHT-LEFT-RIGHT-LEFT

- 25-26** Step back on right toe, drop right heel to floor
- 27-28** Step back on left toe, drop left heel to floor
- 29-30** Step back on right toe, drop right heel to floor
- 31-32** Step back on left toe, drop left heel to floor

## ROCK. ROCK. CROSS SHUFFLE $\frac{1}{4}$ TURN RIGHT. LEFT SHUFFLE

- 33-34** Rock onto right foot, rock onto left foot

- 35&36** Cross right foot in front of left, small step to left on left foot, small step to left on right foot
- 37-38** Step left foot to left,  $\frac{1}{4}$  pivot turn right
- 39&40** Left shuffle forward left-right-left

**CHARLESTON STEP TWICE,  $\frac{1}{4}$  UNWIND LEFT**

- 41-42** Step forward on right foot, kick left foot forward
- 43-44** Step back on left foot, touch right toe back
- 45-46** Step forward on right foot, kick left foot forward
- 47-48** Touch left toe behind right foot, unwind  $\frac{1}{4}$  turn left

**RIGHT SIDE CHASSE. ROCK BACK. LEFT SHUFFLE. STOMP. STOMP**

- 49&50** Step right foot to right side, close left to right, step right foot to right side
- 51-52** Turning  $\frac{1}{4}$  left rock back on left foot, rock forward on right foot
- 53&54** Left shuffle forward left-right-left
- 55-56** Stomp right foot, stomp left foot

**REPEAT**