

MY ANGEL

LINEDANCE.COM

Count: 40

Wall: 2

Level: beginner/intermediate

Choreographer: Maggie Marquard

Music: Angel by Shaggy

ROCK, STEP, TOGETHER, ROCK BEHIND, STEP, TOGETHER

- 1&2** Rock forward on right, step left in place, step right next to left
- 3&4** Rock back on left, step right in place, step left next to right
- 5&6** Cross rock right behind left, step left in place, step right next to left
- 7&8** Cross rock left behind right, step right in place, step left next to right

ROCK, STEP, PIVOT $\frac{1}{2}$ TURN, FULL TURN, ROCK, STEP, TOGETHER

- 1&2** Rock forward on right, step left in place pivoting $\frac{1}{2}$ turn right, step forward on right
- 3&4** Step left into a $\frac{1}{4}$ turn right, step right into a $\frac{3}{4}$ turn right to complete turn, step left forward
- 5&6** Rock forward on right, step left in place, step right next to left
- 7&8** Rock back on left, step right in place, step left next to right

SAILOR SHUFFLE RIGHT & LEFT, TOE, HEEL, HOOK $\frac{1}{4}$ TURN RIGHT, SHUFFLE FORWARD

- 1&2** Cross step right behind left, step left to left side, step right to right side
- 3&4** Cross step left behind right, step right to right side, step left to left side
- 5&6** Touch right toe next to left, (right knee is slightly bent in) touch right heel next to left toe, pivot $\frac{1}{4}$ turn right on left foot hooking right foot across left shin
- 7&8** Step right forward, step left next to right, step forward on right

ROCK, STEP, TOGETHER, TOE, HEEL, HOOK $\frac{1}{4}$ TURN LEFT, SHUFFLE FORWARD

- 1&2** Rock forward on left, step right in place, step left next to right
- 3&4** Rock back on right, step left in place, step right next to left
- 5&6** Touch left toe next to right, (left knee slightly bent in) touch left heel next to right toe, pivot $\frac{1}{4}$ turn left on right foot hooking left foot across right shin
- 7&8** Step left forward, step right next to left, step forward on left

HIP BUMPS, ROCK, STEP, TOGETHER, ROCK, STEP, TOGETHER

- 1&2** Step forward on right bumping hips right, bump hips left, bump hips right

3&4 Step forward on left bumping hips left, bump hips right, bump hips left

5&6 Rock back on right, step left in place, step right next to left

7&8 Rock back on left, step right in place, step left next to right

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=31482