

Rumba La Bamba?

LINEDANCE.COM

Count: 56

Wall: 4

Level: Beginner / Intermediate

Choreographer: Chris West (Nov 07)

Music: La Bamba by Ritchie Valens (152 bpm)

Starts 16 counts in (after first lot of vocals)

Side/rock across & hold, Side/rock across & hold

1,2,3,4 Step R to R side, rock back onto L, step R across in front of L & hold.

5,6,7,8 Step L to L side, rock back onto R, step L across in front of R & hold.

Grapevine Right & touch, Grapevine Left, ¼ turn step together.

1,2,3,4 Step R to R side, step L behind R, step R to R side, touch L beside R,

5,6,7,8 Step L to L side, step R behind L, ¼ turn L, step L forward, step R beside L.

Hip bumps R, Hip bumps L, Hip bumps R,L,R,L

1,2,3,4 Push hips R, R, Push hips L,L

5,6,7,8 Push hips R,L,R,L.

Right rocking chair, pivot ½ L, pivot ½ L

1,2,3,4 Rock R forward, rock back on L, step R back, rock forward on L

5,6,7,8 Step R forward, pivot ½ L, step R forward, pivot ½ L

Right forward lock & scuff, pivot ½ right, pivot ½ right

1,2,3,4 Step R forward, lock L behind R, step R forward, scuff L forward

5,6,7,8 Step L forward, pivot ½ R, step L forward, pivot ½ R

Left forward lock & hold, step paddle turn, across & hold

1,2,3,4 Step L forward, lock R behind L, step L forward & hold

5,6,7,8 Paddle ¼ L step R across L & hold.

Grapevine left ¼ turn & step together, side touches

1,2,3,4 Step L to L side, step R behind L, turn ¼ L, step L forward, step R beside L

5,6,7,8 Step R to R side, touch L beside R, step L to L side, touch R beside L.

REPEAT DANCE IN NEW DIRECTION

Restart: On wall 5, dance up to count 16 then restart the dance.

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=74032