

# Highway Of Life

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Grant Stanley & Emily Drydale - March 2017

**Music:** Life Is A Highway by Rascal Flatts

## Music available from iTunes

### [1-8] CROSS ROCK, CROSS ROCK, STEP, TWIST, TWIST, COASTER STEP

- 1,2** - Cross Right over Left, Recover on Left
- &3,4** - Step Right to Right side, Cross rock Left over Right,, Recover on Right
- &5&6** - Step Left to Left side, Step forward on Right, On balls of feet twist 1/4 left, On balls of feet twist 1/4 right weight ends on left
- 7&8** - Step Right back, Left together, Step Right forward

### [9-16] CROSS, BACK, SIDE ¼ , BEHIND, SIDE, CROSS, SHUFFLE FORWARD, 1/2 SHUFFLE

- 1&2** - Cross Left over Right, Step back on Right making 1/8 turn Left, Step Left to Left Side
- 3&4** - Step Right behind Left, Step Left to Left side making 1/8 turn Left, Cross Right over Left
- 5&6** - Step forward on Left, Step Right together, Step forward on Left
- 7&8** - Step back on Right making 1/2 Turn Left, Step Left together, Step back on Right

### [17-24] COASTER STEP, SIDE ROCK & CROSS, SIDE ROCK & CROSS, STEP 1/4 CROSS

- 1&2** - Step Left back, Right together, Step Left forward
- 3&4** - Rock Right to Right side, Recover on Left, Cross Right over Left (Travelling Forward)
- 5&6** - Rock Left to Left side, Recover on Right, Cross Left over Right (Travelling Forward)
- 7&8** - Step forward on Right, 1/4 turn Left, Cross Right over Left

### [25-32] SIDE SHUFFLE 1/4, TOE, HEEL, CROSS, ROCK 1/2 TURN, CROSS SHUFFLE

- 1&2** - Step Left to Left side, Right together, Step 1/4 turn Left
- 3&4** - Touch Right toe to Right side, Touch Right heel in fron, Cross Right over Left
- 5&6** - Rock forward Left, Recover on Right, 1/2 turn Left stepping forward on Left
- 7&8&** - Cross Right over Left, Step Left to Left side, Cross Right over Left, Step Left to Left side

## Start dance again

**Happy Dancing**

**Contact: [grant.stanley21@gmail.com](mailto:grant.stanley21@gmail.com)**

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