

It's My Life

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Count: 48

Wall: 4

Level: Intermediate / Advanced

Choreographer: Winson Eng (Malaysia) , June 10

Music: It's My Life by Bon Jovi

Intro : 16 counts

Sequence : 48 , tag , 48 , 32 , 48 , tag , 48 , 48 , 16 , tag , 48 , 48 , ending

Step , Paddle $\frac{1}{4}$ R , Cross , Hinge $\frac{1}{2}$ Turn R , Side Rock , Behind Side Cross

- 1-2 Step R fwd , turn $\frac{1}{4}$ R pointing L to L
- 3-4 Cross L over R , turn $\frac{1}{4}$ L stepping R back
- 5-6 Turn $\frac{1}{4}$ L rock L to L , recover on R
- 7&8 Cross L behind R , step R to R , cross L over R

Scissors Cross , Back , Side , Ball Cross , Back , Ball Cross , $\frac{1}{4}$ Turn L , Back

- 1&2 Step R to R , step L together with R , cross R over L
- 3-4 Step L back , step R to R
- &5 Step L beside R , cross R over L
- 6&7 Step L back , step R beside L , cross L over R
- 8 Turn $\frac{1}{4}$ L stepping R back Back

Rock , Recover , Lunge Fwd , Step In Place , Lunge Fwd , Step In Place , Lunge Fwd , Fwd Mambo Step

- 1-2 Rock L back , recover on R
- &3 Body lean fwd and press L fwd , step R back
- 4&5 Step L beside R , step R in place , body lean fwd and press L fwd
- 6&7 Step back R , step L beside R , body lean fwd and press R fwd
- &8 Step L back , step R beside L

Side Rock , Recover , Touch Ball Cross , Back , Coaster Heel Grind $\frac{1}{4}$ Turn R

- 1-2 Rock L to L , recover on R
- 3&4 Touch L beside R , step down L beside R , cross R over L
- 5 Step back L

6&7 Step R back , step L beside R , tap R heel fwd

8 Twist / Grind R heel to turn $\frac{1}{4}$ R

Ball Cross, Side Rock Cross, Back, Coaster Step, Pivot $\frac{1}{2}$ Turn R

&1 Step down R in place , cross L over R

2&3 Rock R to R , recover on L , cross R over L

4 Step L back

5&6 Step R back , step L beside R , step R fwd

7-8 Step L fwd and turn $\frac{1}{2}$ R

Step , Hold , Syncopated Lock Step , Fwd Rock , Recover , Coaster Lock Step

1-2 Step L fwd , hold

&3&4 Lock R behind L , step L fwd , lock R behind L , step L fwd

5-6 Rock R fwd , recover on L

7&8& Step R back , step L beside R , step R fwd , lock L behind R

Tag

1-4 Stomp R in place X2 , hold , hitch R

Ending: You will be facing at 6.00 o'clock , dance up to count 30 + & (It's a Coaster Heel Step) ,

then Cross R over L , unwind $\frac{1}{2}$ turn L to face at 12.00 o'clock and let the entire song to fade out .

In an ordinary way means that convert the " Coaster Heel Grind " to Coaster Cross Unwind $\frac{1}{2}$ Turn L .