

# Sleepy Town Shuffle

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**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Jan Brookfield - UK - April 2017

**Music:** "Darlene" by T Graham Brown - 112 BPM

**Start after 16 counts on vocals. Fits many songs of similar tempo.**

## **Section 1 : STEP, HOLD, ROCKING CHAIR, SHUFFLE FORWARD**

**1,2: Step R forward, hold for one count**

**3,4,5,6: Rock L forward, recover onto R, rock L back, recover onto R**

**7&8: Shuffle forward on L,R,L**

## **Section 2 : ROCK FORWARD, RECOVER, ½ TURN SHUFFLE, ROCK FORWARD, RECOVER, TOE STRUT BACK**

**9,10: Rock R forward, recover onto L**

**11&12: Making a half turn over right shoulder shuffle forward on R,L,R (facing 6 o'clock)**

**13,14: Rock L forward, recover onto R**

**15,16: Strut L back, toes first then heel**

## **Section 3 : TOE STRUT BACK, ROCK BACK, RECOVER, SHUFFLE FORWARD, ROCK FORWARD, RECOVER**

**17,18: Strut R back, toes first then heel**

**19,20: Rock L back, recover onto R**

**21&22: Shuffle forward on L,R,L**

**23,24: Rock R forward, recover onto L**

## **Section 4 : ROCK BACK, RECOVER, CHASSE ¼ TURN LEFT, HEEL TAP, STEP, HEEL TAP, TOE TAP**

**25,26: Rock R back, recover onto L**

**27&28: Making a quarter turn left, step R to right side, close L to R, step R to side (3 o'clock)**

**29,30: Tap L heel forward, step on L in place**

**31,32: Keeping weight on L, tap R heel forward, tap R toe slightly back**

**KEEP IT GOING!**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=117637](https://www.linedance.com/index.php?f=dance_view&id=117637)