

# OLD POP

LINEDANCE.COM

**Count:** 32

**Wall:** 2

**Level:** beginner/intermediate contra dance

**Choreographer:** Minna Liljamo

**Music:** Old Pop In An Oak by The Rednex

## Dance in opposite lines

### HEEL-BALL-CROSSES, ROCK SIDE, SAILOR STEP

- 1&2** Touch right heel forward, step ball of right side, step left across right
- 3&4** Repeat steps 1&2
- 5-6** Rock right side, step left in place
- 7&8** Cross right behind left, step left side, step right in place

### FORWARD SHUFFLES, PIVOT TURN, STEP SIDE

- 1&2** Shuffle forward left-right-left (crossing the opposite line)
- 3&4** Shuffle forward right-left-right
- 5-6** Step left forward, pivot  $\frac{1}{2}$  left (weight on right)
- 7-8** Step left side, step right beside left

### HEEL SWITCHES, FORWARD SHUFFLE, KICK-BALL-STEP

- 1&** Touch left heel forward, step left beside right
- 2&** Touch right heel forward, step right beside left
- 3&4&** Repeat steps 1&2&
- 5&6** Shuffle forward left-right-left
- 7&8** Kick right forward, step ball of right beside left, step left forward

### CLAPS, TOE TOUCHES

- 1-2** Clap hands with the dancer in front of you (1), clap your own hands together (2)
- 3&4** Clap hands with the dancer in front of you (3), clap your own hands together twice (&4)
- 5&** Touch right toe side, step right beside left
- 6&** Touch left toe side, step left beside right
- 7&8** Touch right toe side, hitch right knee, touch right beside left

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=33162](https://www.linedance.com/index.php?f=dance_view&id=33162)