

# KANSAS NO MORE

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**Count:** 64      **Wall:** 4      **Level:** advanced

**Choreographer:** Darren Mitchell

**Music:** You're Not In Kansas Anymore by Jo Dee Messina

## **TOUCH & TOUCH & ROCK, ROCK, ROCK BACK, ROCK FORWARD, SHUFFLE FORWARD**

- 1&2**      Touch left toe to the side, step left next to right, touch right toe to the side
- &3-4**      Step right next to left, rock left to the side, rock onto right
- 5-6**      Step back on left, rock forward on right
- 7&8**      Shuffle forward: left-right-left

## **TOUCH & TOUCH & ROCK, ROCK, ROCK BACK, ROCK FORWARD, SHUFFLE FORWARD**

- 1&2**      Touch right toe to the side, step right next to left, touch left toe to the side
- &3-4**      Step left next to right, rock right to the side, rock onto left
- 5-6**      Step back on right, rock forward on left
- 7&8**      Shuffle forward: right-left-right

## **ROCK FORWARD, ROCK BACK, ½ TURN SHUFFLE, FULL TURN, FULL TURN SHUFFLE**

- 1-2**      Step forward on left, rock back onto right
- 3&4**      Turning ½ turn left, shuffle slightly forward left-right-left
- 5-6**      Step right back into ½ turn left, step left back into ½ turn left
- 7&8**      Turning full turn left, shuffle right-left-right. (easier option forward shuffle right-left-right)

## **STEP-LOCK- HOP, SHUFFLE, STEP-LOCK- HOP, SHUFFLE**

- 1-2&**      Step left forward at 45 degrees left, lock right behind left, hop onto left
- 3&4**      Shuffle forward at 45 degrees right - right-left-right
- 5-6&**      Step left forward at 45 degrees left, lock right behind left, hop onto left
- 7&8**      Shuffle forward at 45 degrees right - right-left-right

## **SLIDE, SLIDE, SHUFFLE FORWARD, ROCK FORWARD, ROCK BACK, ¼ TURN SHUFFLE**

- 1-2**      Slide left forward, slide right forward
- 3&4**      Shuffle forward: left-right-left
- 5-6**      Rock forward on right, rock back on left

**7&8** Turning  $\frac{1}{4}$  turn right, side shuffle: right-left-right

**SLIDE, SLIDE, SHUFFLE FORWARD, STEP-LOCK-HOP, SHUFFLE**

**1-2** Slide left forward, slide right forward

**3&4** Shuffle forward: left-right-left

**5-6&** Step right forward at 45 degrees right, lock left behind right, hop onto right

**7&8** Shuffle forward at 45 degrees left - left-right-left

**STEP-LOCK-HOP, SHUFFLE, ROCK FORWARD, ROCK BACK,  $\frac{1}{2}$  TURN SHUFFLE**

**1-2&** Step right forward at 45 degrees right, lock left behind right, hop onto right

**3&4** Shuffle forward at 45 degrees left - left-right-left

**5-6** Rock forward onto right, rock back onto left

**7&8** Turning  $\frac{1}{2}$  turn right, shuffle forward right-left-right

**$\frac{1}{4}$  TURN, BEHIND,  $\frac{1}{4}$  TURN SHUFFLE,  $\frac{1}{4}$  TURN, BEHIND, SHUFFLE**

**1-2** Step left  $\frac{1}{4}$  turn right, step right behind left

**3&4** Turning  $\frac{1}{4}$  turn left, shuffle forward: left-right-left

**5-6** Step right  $\frac{1}{4}$  turn left, step left behind right

**7&8** Turning  $\frac{1}{4}$  turn right, shuffle forward: right-left-right

**REPEAT**