

Rinse & Repeat!

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Beginner - Funky

Choreographer: Johan Bouillon , (South Africa) 12/03/2016

Music: Rinse & Repeat by Riton feat. Kah-LO

Intro: 32 counts from beginning of the track

Note: Restart on wall 6 after 8 counts

[1-8] KICK BALL STEP, KICK STEP TOUCH, BEHIND SIDE CROSS, SIDE TOUCH

- 1&2** Kick RF forward, Step RF next to LF, Touch LF Diag back L
- 3&4** Kick LF forward, Step LF next to RF, Touch RF Diag back R
- 5&6** Step RF behind LF, Step LF to L, Cross RF in front of LF
- 7,8** Step LF to L, Touch RF next to LF

Restart here on wall 6

[9-16] FULL CIRCLE WALK, 2 X HIP BUMPS R&L

- 1,2,3,4** Walk in a full circle turning over R shoulder R-L-R-L
- 5&6** Touch RF diag forward while moving hips to R, Recover hips to centre, Step forward on RF
- 7&8** Touch LF diag forward while moving hips to L, Recover hips to centre, Step forward on LF

[17-24] ½ TURN JAZZ BOX, HITCH & SIDE, DUCK & DIVE

- 1,2,3,4** Cross RF in front of LF, Step LF back making a ¼ turn over R shoulder, Step RF to R, Step LF forward while making a ¼ turn to R
- 5&6** Hitch R knee up, Touch R toe back, Turn ¼ R taking weight on RF
- 7,8** Push shoulders and upper body to R, Push shoulders and upper body to left

[25-32] TOUCH, TOUCH, SAILOR STEP, TOUCH BACK UNWIND, STEP R SIDE, STEP L SIDE

- 1,2** Touch RF fwd to diagonal L, Touch RF to R
- 3&4** Step RF behind LF, Step LF to L, Step RF to R
- 5,6,7,8** Touch L toe back, Unwind ½ turn L taking weight on LF, Step RF to R, Step L to L

Contact: johanbouillon@gmail.com

Last Update - 14th March 2016

